



KIDS



**WHAT DO YOU
DO**

WITH THEM?

CRAFTS AND STUFF

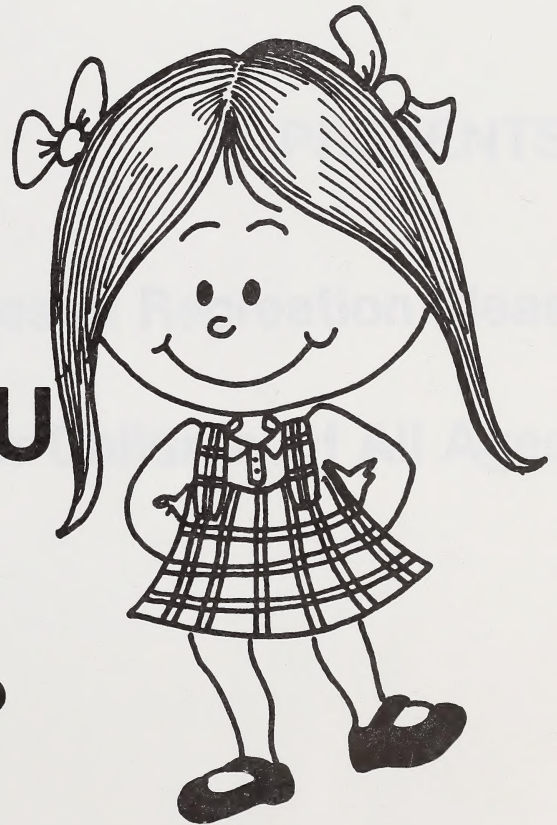
Alberta

RECREATION AND PARKS

Recreation Development Division



KIDS



**WHAT DO YOU
DO**

WITH THEM?

CRAFTS AND STUFF

Alberta Recreation and Parks
Recreation Programs Branch
Special Recreation Services Section

PRESENTS

A Series In Recreation Ideas
For Children Of All Ages



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<https://archive.org/details/kidswhatdoyoudow00albe>

I N T R O D U C T I O N

P L A Y - IS WHAT IT'S ALL ABOUT

PLAY PRINCIPLES

- play is vital to the full development of the child.
- play is natural and develops in response to the child's own needs.
- the process of play is more important than any Product or End Result.

PLAY:

- is FUN
- develops social skills
- is feeling
- is learning and reinforcement of learning
- is exercise
- is every child's right
- is spontaneous, self-directed and instinctive

(Summarized from: Play Leadership Training,
Canadian Council on Children and Youth.)

This manual has been compiled by staff from the Special Recreation Services Section of Alberta Recreation and Parks. The information within this manual is intended as a basic introduction to children's craft activities. The leader's role is to provide the materials and enthusiasm which encourages the child's own creative activities. Through art (crafts) the child can EXPERIMENT, FANTICIZE and CREATE.

The projects in this manual were chosen as a starting point and can be adapted to meet the needs of your group.

Please note the age classification is very general and should be used as a basic guideline. So much of the child's ability is dependent on their specific stage in development. Use your discretion in determining appropriate projects for your participants.

We hope the information is valuable and remember above all HAVE FUN.

AGE GROUP CHARACTERISTICS

The following information is a general summary of specific age group characteristics as they may affect a CHILD'S CRAFT PROGRAM. The information is to be used as a guide, for EACH CHILD DEVELOPS AT HIS OR HER OWN SPEED. The index at the conclusion of the manual may be of further help (guidance) to you, the leader.

FIVE TO EIGHT YEAR OLDS

<u>What they are Like</u>	<u>What they Need</u>	<u>Program Implications</u>
They have a short attention span.	To engage in many activities of short duration.	Provide a choice of activities where a child can change frequently. Provide activities where minimal instructions have to be given out.
Large muscle (legs and arms) are more developed than smaller muscles (hands and feet).	They enjoy many kinds of vigorous activities	Projects that do not require fine motor skill functions should be encouraged.
They are dramatic, imaginative and imitative.	Like to create and explore.	They enjoy inventive activities and projects where they can use their imagination.
They are curious and want to find out things.	To explore and handle materials in many types of play.	Use materials which they can manipulate with their hands and create their own structures.
They seem to be in perpetual motion	To play many vigorous activities.	Program should be varied with opportunities to participate in both active and passive programs.

AGES NINE TO ELEVEN

Grow steadily in muscles, bone, heart and lungs.	To engage in strenuous activities that regularly tax their limits.	Provide an outlet to encourage running, jumping and climbing. Craft projects could be more extensive and take a period of time to complete.
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Continued

AGES NINE TO ELEVEN

What they are Like

They respond differently in varying situations.

They may show increasing independence and desire to help.

They have a strong sense of rivalry and crave recognition.

They want approval but not at the expense of their group relations.

What they Need

To participate in a wide range of activities using many kinds of materials and equipment.

To plan, lead and check their progress.

To succeed in activities that stress co-operative play along with activities that give individual activities.

To gain respect and approval from others.

Program Implications

They enjoy both individual and small group projects.

They like to be helpers, such as setting up the materials for the activity. Or to help the younger children with projects.

Provide group projects with self testing activities.

Provide the participants with challenges that they can accomplish within a group setting.

AGES TWELVE TO THIRTEEN

Boys and girls are showing differences in interest and in abilities.

Strong desire for individual recognition and the urge to be free of adult restriction.

To participate in some activities in separate groups and some together.

Take part in activities of their own choosing.

Provide opportunities for participation in separate groups as well mixed functions.

Encourage them to plan their own group activities and choose their own leaders.

* TAKEN FROM: PLAY LEADERSHIP TRAINING
CANADIAN COUNCIL ON CHILDREN AND YOUTH

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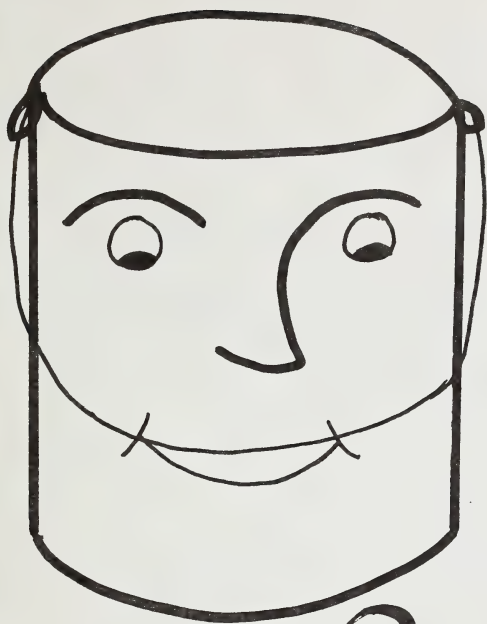
RESOURCES

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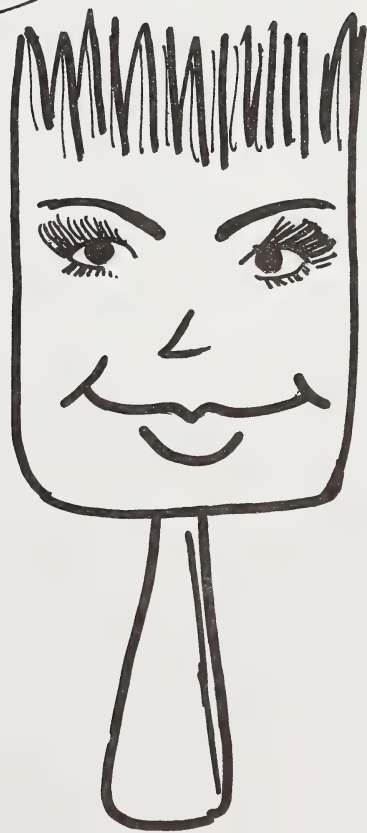
BIBLIOGRAPHY

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Painting News



Since most kids love to paint, why not try different ideas like...

USING DIFFERENT THEMES WHEN YOU'RE PAINTING!

Maybe:

- create your own story and paint it
- paint your own space scene
- a scene from your favorite movie
- a special occasion
- picture yourself escaping from an avalanche or volcano or

ANYTHING ELSE!

DON'T SETTLE FOR THE RUN OF THE MILL PAINTING TECHNIQUES!
TRY USING...

- feathers
- rags
- sponges
- Q-Tips
- cotton balls

PAINT YOUR DESIGNS AND DRAWINGS ON...

- paper plates
- bags
- blocks of wood
- bricks
- stones
- boxes

MIXING PAINT:

MATERIALS:	cold water	container
	Dettol	paintbrushes (optional)
	1/2 cup dry paste	paper

- Mix 1 cup cold water with 1/2 cup dry paste
- Add 2 quarts cold water
- Use this solution to mix tempura colours thickly in a glass
- Close with cover after adding 1/2 teaspoon Dettol to each jar
- Thin paint with water

FINGER PAINT

1) Quick and Easy Fingerprint

- 1/2 cup laundry starch 1 1/2 cups soap flakes or powder
- 1/2 cup cold water

Mix together.
Add food coloring if desired.

2) Cooked Fingerprint

- 1/2 cup flour 1 1/2 cups boiling water
- 1/2 cup cold water

Add flour and cold water together. Mix.
Add boiling water.
Bring to a boil, stirring constantly.

3) Cornstarch Fingerprint

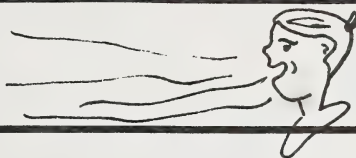
- 1/2 cup cornstarch 2 cups hot water
- 3/4 cup cold water

Mix cornstarch with 1/4 cup of cold water to form a smooth paste.
Add hot water, stirring to prevent lumps.
Cook over low heat, stirring until mixture boils.
Remove from heat.
Add remaining 1/2 cup of cold water.

Yields 2 1/2 cups

TITLE

BLOW PAINTING



AGE GROUP

ANY AGE

SKILLS

MATERIALS

Different colours of paint
Paper

SPECIAL CONSIDERATIONS/
ADAPTATIONS

TRY USING
A
STRAW
TO
BLOW WITH

DIRECTIONS

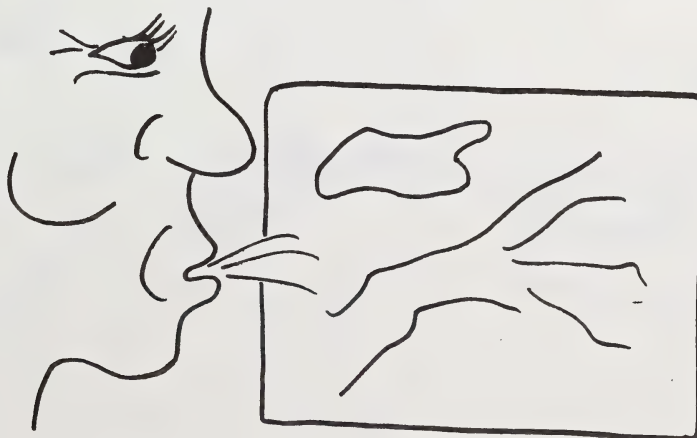
Use 1 colour to paint the paper (KEEP THE PAINT WEAK!)
Let dry
Put large spots of watery paint on the paper and blow...

TRY USING A
STRAW TO BLOW WITH!



... from many directions

TRY USING A LOT OF BRIGHT COLOURS!



TITLE

BODY PAINTING

AGE GROUP ANY AGE

SKILLS

MATERIALS

Tempera paints
Cold cream
Brushes
Water
A washcloth
Soap
Mirror

BETTER WEAR OLD CLOTHES!

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DONE WITH MOM AND DAD'S
PERMISSION

(IF IT'S SUNNY OUTSIDE
WHY NOT WEAR A BATHING
SUIT?)



DIRECTIONS

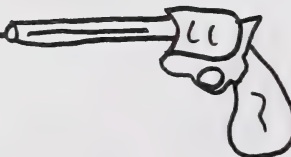
Rub some of the cold cream onto your skin-it makes clean-up
alot easier!

ROUND AND ROUND
WITH THE PAINT YOU GO,
COLOUR YOUR PARTNER
FROM HEAD TO TOE.

PAINT ON PICTURES,
BRUSH ON DESIGNS,
DAB ON POLKA DOTS,
OR SCRIBBLE SQUIGGLY LINES.



DON'T FORGET TO
CLEAN-UP, PARTNER



TITLE

FEET PAINTING



AGE GROUP ANY AGE

SKILLS

MATERIALS

Paint that washes off easily
Rolls of shelf paper (or
whatever other paper is
available)

For the clean-up: tub
soap and water

SPECIAL CONSIDERATIONS/ ADAPTATIONS



DON'T FORGET
TO CLEAN
YOUR
MESS
UP!

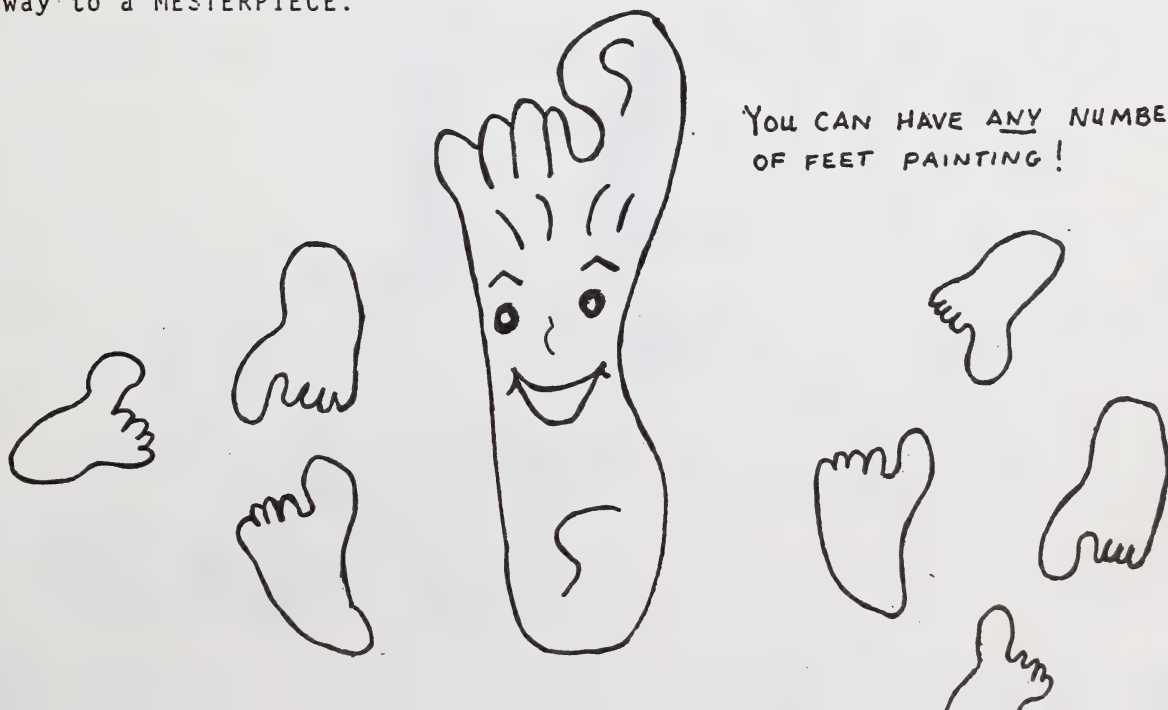
DIRECTIONS

Spread out the shelf paper, glossy side up

Wet it slightly

Add paint onto the sheet

All Rembrandts must step barefoot onto the paper and slide their
way to a MESTERPIECE!



YOU CAN HAVE ANY NUMBER
OF FEET PAINTING!

TITLE

FINGER PAINTING

TEN LITTLE FINGERS
PAINTING IN A ROW,
YOU CAN PAINT SQUIGGLES
OR TRY A RAINBOW!

AGE GROUP

GREAT FOR ANY AGE

SKILLS

MATERIALS

Paper

Different colours of
powdered paint

(See Paint Recipe in
'PAINTING NEWS')

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Put a circle of liquid starch on the paper

Make a little pile of paint next to the starch

Try not to let the colours run into each other (just yet anyway!)

EXPERIMENT WITH:

Textures colours try painting with your palms elbows fingers the backs of your hands

Why not try painting with your knuckles?



TITLE

MAGIC PICTURES

AGE GROUP

ANY AGE

SKILLS

MATERIALS

Candle

Paper

Paint

SPECIAL CONSIDERATIONS/
ADAPTATIONS

TRY USING WAX CRAYONS INSTEAD
OF A CANDLE!

DIRECTIONS

Draw a picture with a piece of wax candle

Spread paint over it...

AND WHAT HAVE YOU GOT?

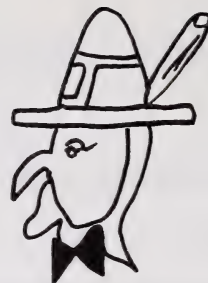
MAGIC



PICTURES!

TITLE

PATCHWORK PAINTING



AGE GROUP A HIT FOR ANY AGE

SKILLS

MATERIALS

Artist canvas or large sheet
of newsprint

Paint and paintbrushes

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Mark off squares large enough for each child to paint in and...



PAINT
AWAY!

TITLE

PUDDING PAINTING



AGE GROUP

ANY AGE

SKILLS

MATERIALS

Instant pudding
Shelf paper
Food colouring
Mixing bowls and spoons

SPECIAL CONSIDERATIONS/ ADAPTATIONS

PREPARE FOR A TASTY MESS!

DIRECTIONS

Mix instant pudding (your favorite flavour of course!),
just the way the directions tell you
Now the fun part...

USE THE PUDDING LIKE



FINGER PAINT!

(TRY CHANGING THE COLOURS OF THE PUDDING
WITH YOUR FOOD COLOURING!)

TITLE

WONDERFUL, WET WATERCOLOURS

AGE GROUP 7 YEARS AND UP

SKILLS

MATERIALS

Water colour paints
Drawing paper
Brush
A pan of water
A fine-point marking pen

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Soak a piece of drawing paper in water

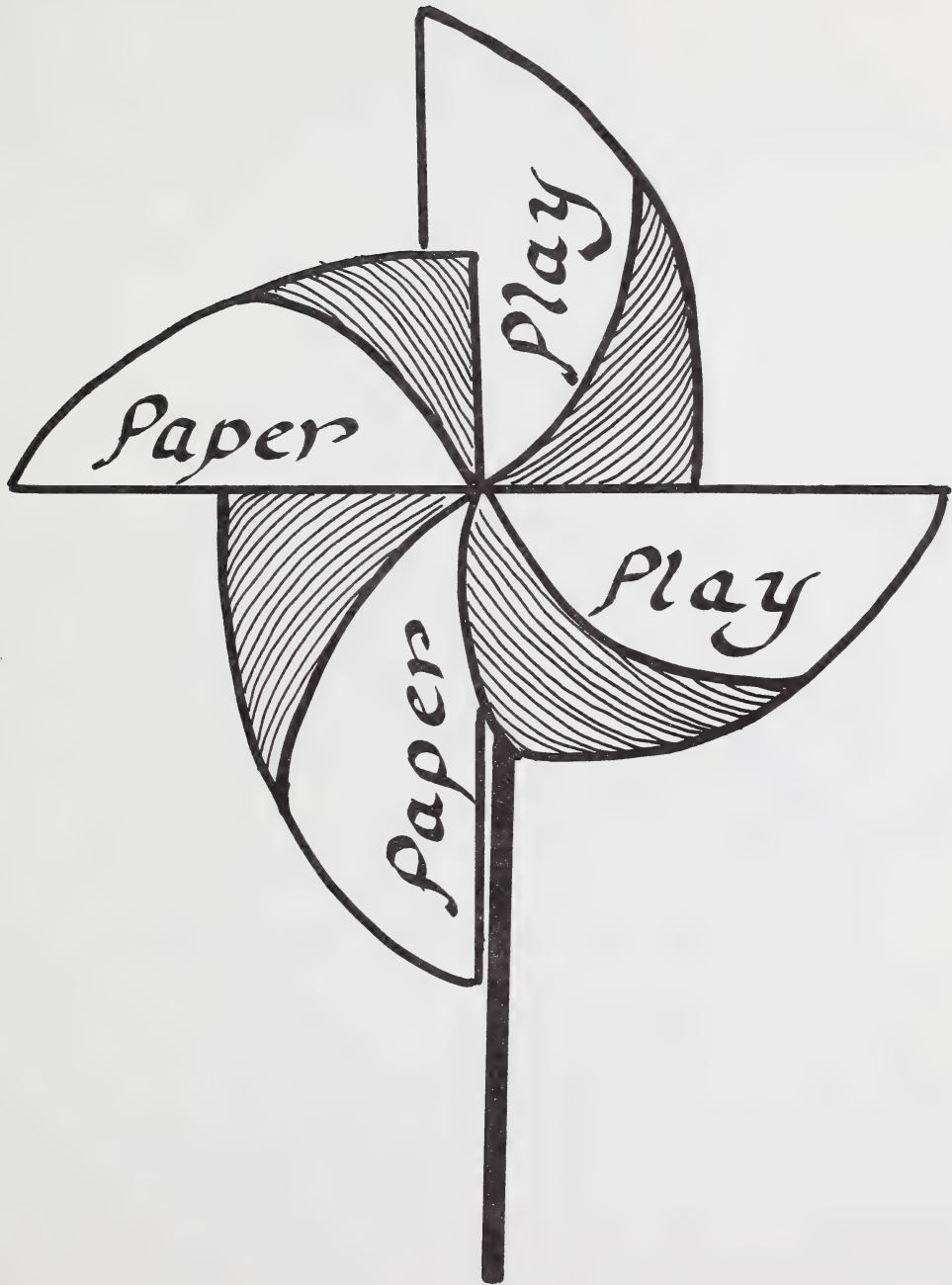
Let it drip dry for a few seconds

Paint right away on the wet paper with watercolours

When the painting is dry, you can add fine lines and details with a dark pen



WATCH!
the paint
will make
neat watery
designs





TITLE

MAKING A SQUARE PIECE OF PAPER

you need to know how when making paper crafts!



AGE GROUP

SKILLS

MATERIALS

Paper

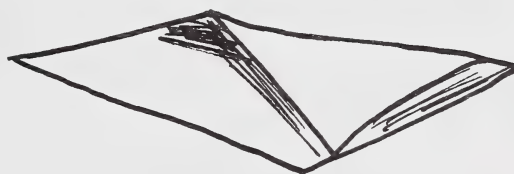
Scissors

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

FIRST:

- Fold 1 corner of a sheet of paper to the other side

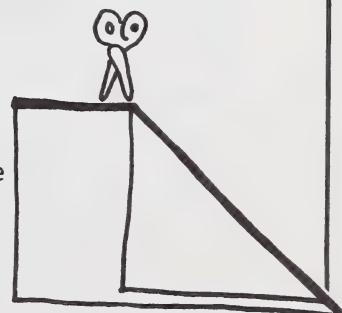


SECOND:

- Press down the fold, making sure the edges are even

THIRD:

- Cut off the spare paper along the straight edge



FOURTH:

- Open up and there's your square!



USE FOR DECORATIVE
NECKLACES, BEAD
CURTAINS, OR BELTS

TITLE BEADS

AGE GROUP ANY AGE

SKILLS



MATERIALS

Pasta
Macaroni
Buttons
Straws
Shiny magazine pictures
Paint
Knitting needle

SPECIAL CONSIDERATIONS/ ADAPTATIONS

INSTEAD OF USING PAINT TRY SOAKING
MACARONI IN:

DILUTED METHYL
HYDRATE + FOOD COLOURING

WHEN ITS THE COLOUR YOU LIKE, LET
THE MACARONI DRY ON NEWSPAPER.

PLEASE BE CAREFUL WHEN USING
METHYL HYDRATE!

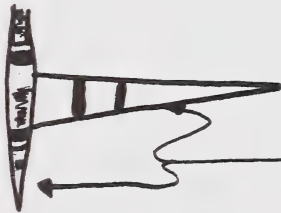
DIRECTIONS

Paint the pasta and macaroni

Cut up straws for beads

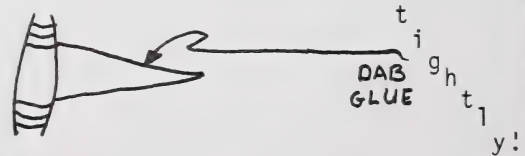
For the magazine bead:

Cut magazine pages into long triangles



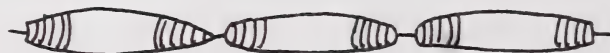
Roll triangles around a thin knitting needle
(fat end first!)

Put a dab of glue on the point, then squeeze



Slide them off and varnish or shellac them

Thread the macaroni, pasta, and magazine beads together



TITLE

COLLAGES

AGE GROUP

6 YEARS AND UP

SKILLS

MATERIALS

Paper
Every kind of magazine that you
can find
Scissors
Glue

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

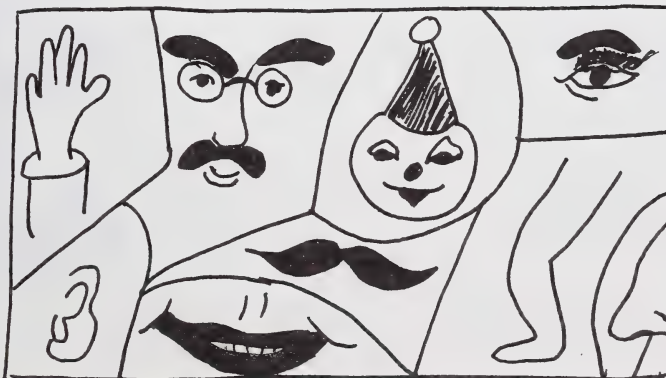
First, set a theme. You might try:

Sports
Spooky things
Travel
Movies
Smiles

Cut pictures from the magazines

Glue them on paper so that a little bit of the edge overlaps the
pictures around it

COVER THE WHOLE PAPER WITH PICTURES!



TITLE

CREEPY CRAWLERS

AGE GROUP 8 YEARS AND UP

SKILLS

MATERIALS

Coloured construction paper

Scissors

White chalk

Glue or rubber cement

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Fold a piece of paper in half the long way



With the chalk, write your name along the fold

WRITE **FAT** LETTERS

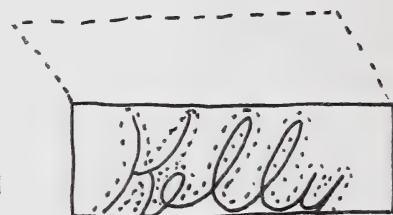
Cut around the outside of the letters

DON'T CUT TOO CLOSE
OR YOUR LETTERS

WILL BE

TOO
SKINNY!

Glue on a piece of paper and you've got a



(oh, if a letter
has a loop-de-
loo, like "y",
leave it off!)



TITLE

DECORATIVE BALLS

AGE GROUP 7 YEARS AND UP

SKILLS

MATERIALS

Paper flowers (See Paper Flowers)

Hair pins or wire

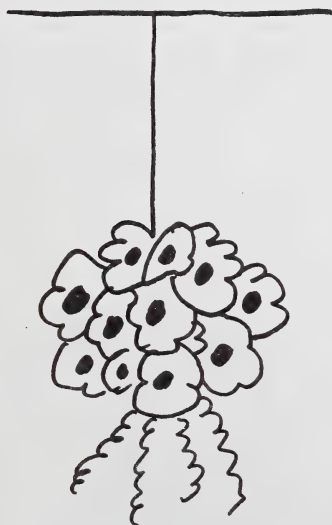
Styrofoam (different shapes)

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Wind the backs of the paper flowers with hair pins or wire

Stick them into the styrofoam



TRY HANGING BY
YARN



OR

PUT IT IN A
DECORATED BOTTLE

TITLE

LANTERNS

AGE GROUP

ANY AGE

SKILLS

MATERIALS

1 long sheet of paper (maybe
12" - 18")
Scissors
Paint

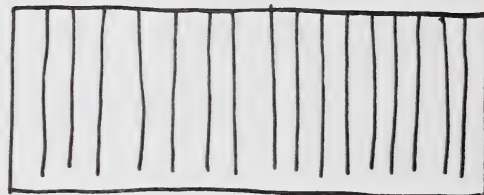
SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

First, fold the paper in half



Cut deep fringes along the folded edge



Open up the paper and bend it to the opposite edge

Glue edges together

Make a handle with a paper strip



TRY DECORATING
IT WITH OTHER
STUFF LIKE
RIBBONS, GLITTER,
AND FLOWERS!



TITLE

A SIMPLE MOBILE

AGE GROUP ANY AGE

SKILLS

MATERIALS

Poster cardboard
Wire
Thread
Scissors
Pliers for wire cutting

SPECIAL CONSIDERATIONS/ ADAPTATIONS

Try using a coat hanger rather than wire

A mat knife cuts sharper outlines on cardboard, but scissors will do

DIRECTIONS

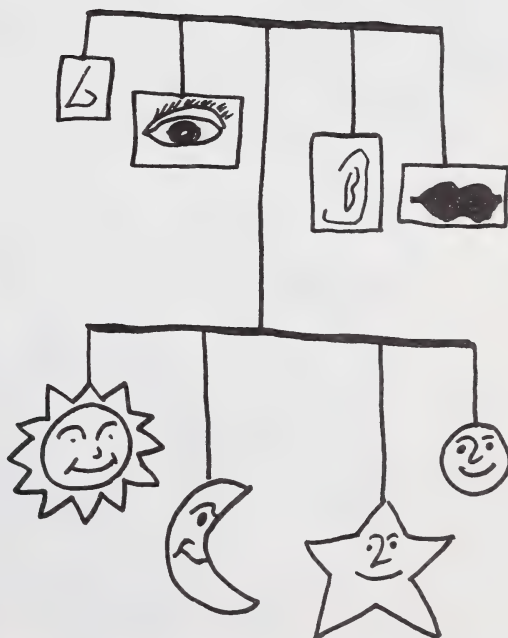
Start with bottom arm of the mobile

String shapes along the arm - try to make sure that the shapes are evenly balanced on the arm

Tie thread to the middle of the arm
Make sure the arm is balanced!

Attach the other end of the thread to the next arm...

and repeat the first step



TITLE

PAPER FINGER PUPPETS

AGE GROUP

TRY 7 YEARS AND UP!

SKILLS

CUTTING CARDBOARD

MATERIALS

Cardboard

Scissors

Crayons

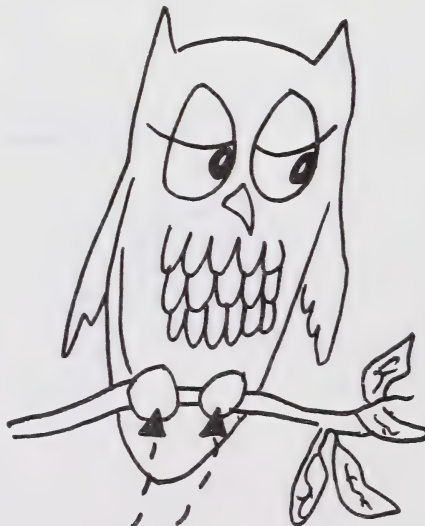
SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Here's how to:

Design and draw on the cardboard a person, animal, monster, or
whatever else you can think of

Instead of drawing legs



Cut 2 holes the size
of your first 2 fingers

PUT YOUR FINGERS THROUGH THESE TWO HOLES!

TITLE

PAPER FLOWERS



AGE GROUP 7 YEARS AND UP

SKILLS

MATERIALS

Coloured tissue paper

Scissors

Scotch tape

Branch or stick

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Fold several sheets of coloured tissue paper in half
Fold in half the other way
Fold again on the folded corner to make a point

Cut a curved petal shape opposite the folded point



Open out and push a finger into the center

Tie the back with adhesive tape



Place on a branch or stick



TITLE

PAPER MOSAIC

AGE GROUP ALL AGES

SKILLS

MATERIALS

Paper

Glue

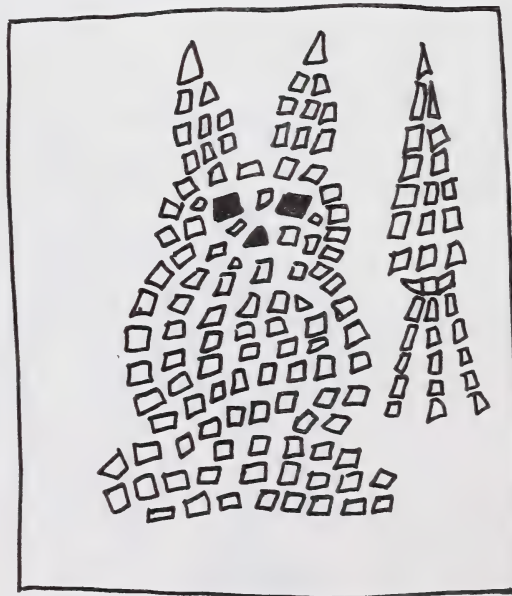
Scissors

SPECIAL CONSIDERATIONS/
ADAPTATIONS

You might try ripping shapes out of paper rather than cutting them!

DIRECTIONS

Cut or rip out shapes
Put glue over sheet of construction paper
Make your design with the paper



TITLE

PAPER ROLLS

AGE GROUP

ANY AGE

SKILLS

MATERIALS

Fairly stiff paper

Glue

Scissors

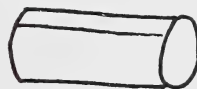
Cotton Batten

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Cut strips of the paper into different lengths and widths

Glue the ends together



You need:

2 paper rolls (1 smaller than the other)

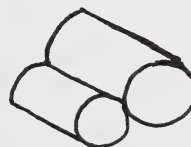
More paper

Cotton batten

Scissors

NOW...

Glue paper rolls together like this

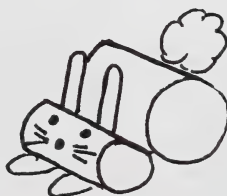


Cut out paper ears and feet

Attach to paper body

Glue on cotton tail

Draw on face and whiskers



TITLE

PAPER WEAVING

AGE GROUP 8 YEARS AND UP

SKILLS

MATERIALS

Construction paper

Scissors

Ruler

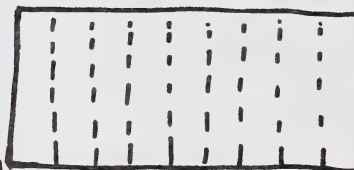
Glue

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

START BY:

Cutting 1 piece of paper into strips



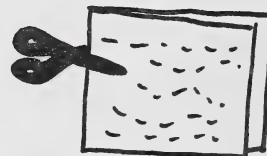
Fold the other sheet in half

STOP ABOUT AN INCH FROM THE EDGE



Starting at the fold, cut slits across the paper

*P.S. YOU CAN MAKE THE
SLITS SQUIGGLY, TOO!*

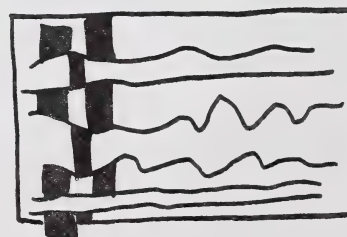


Weave the short strips in and out of the slits you've cut...

... the first one goes
over one slit and under
the next one...

... the second strip should
start under then go over...

... keep going until you've
finished! Then glue each strip at the ends so it
doesn't slip.



TITLE

PINWHEELS

AGE GROUP

8 YEARS AND UP

SKILLS

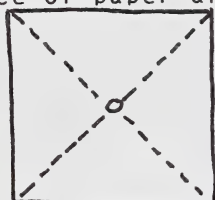
MATERIALS

Paper
Pins
Small bit of cardboard
One cork
Small Button
Pointed stick (how about a pencil!)

SPECIAL CONSIDERATIONS/
ADAPTATIONS

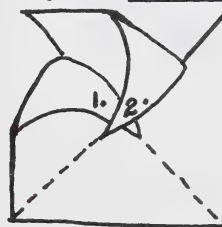
DIRECTIONS

Take a SQUARE piece of paper and fold it both ways, corner to corner



Open it up

Now cut from the 4 corners along the folds until your almost at the center



Push a pin through the small bit of cardboard

Slide every other corner up onto the pin

Push the pin through the back and turn it over

Thread the small button onto the pin and push into the cork

Push the pointed stick into the cork

DECORATE

THE
PINWHEEL

ANY
WAY
YOU
PLEASE!



TITLE

POM POMS

AGE GROUP 7 YEARS AND UP

SKILLS

MATERIALS

Coloured yarn or wool

Cardboard

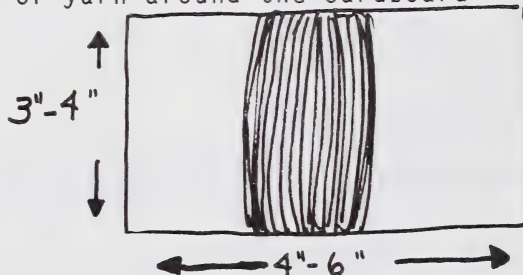
Scissors

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

(NOTHING TO IT!)

Wind the wool or yarn around the cardboard



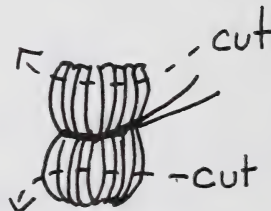
Slide it off

Tie it really tightly around the middle

Cut through all of the loops

Trim the ends

PUT THEM ON HATS OR SCARVES OR MAKE STRANGE LOOKING CREATURES BY...



... ADDING EYES, EARS, AND FEET MADE OUT OF PAPER OR MATERIAL!

TITLE

SNAKE-OLA!

SSSSUPER FUN!!!

AGE GROUP

7 YEARS AND UP

SKILLS

MATERIALS

Paper

Crayons

Scissors

Thread

SPECIAL CONSIDERATIONS/
ADAPTATIONS

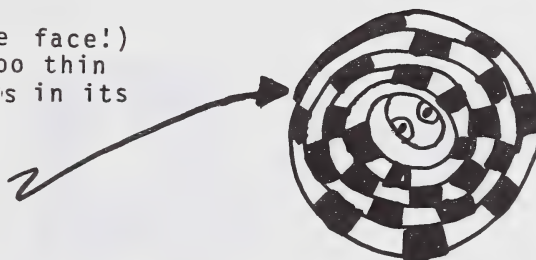
DIRECTIONS

Cut out a circle of paper or thin cardboard

Draw the snake (Don't forget the face!)
Make sure that the body isn't too thin
It's difficult to cut when it is in its
"Coil Position"

Colour

Cut out your snake tail first!



Push a thread through the head and dangle anywhere you please!



TITLE

SNOW FLAKES

AGE GROUP 7 YEARS AND UP

SKILLS

MATERIALS

Paper

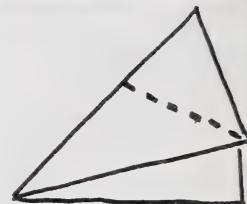
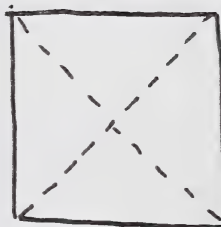
Scissors

Pencil

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Fold a square of paper into 4 or 8



Hold tightly to the triangle then draw any design you'd like...



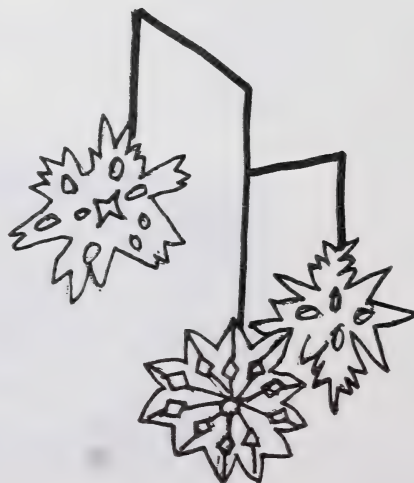
Carefully cut out the shape you've drawn



Open up and fix onto your window panes



Hang
on
mobile



You can glue on coloured paper

TITLE

STENCILS

AGE GROUP 8 YEARS AND UP

SKILLS

MATERIALS

Tagboard
Scissors
Pencils
Tape
Crayons or chalk (chalk is a bit better!)
Drawing paper
Paper towels

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

TO DO IT...

Draw a simple design on your tagboard.

MAYBE A...

Cut it out VERY carefully

(IF YOU MAKE ANY UNWANTED
CUTS, TAPE THEM TOGETHER!)

Now you have two stencils



NEGATIVE STENCIL



POSITIVE STENCIL

Use the crayon or chalk to draw around the edge of either stencil

P R E S S H A R D !!

Put your stencils on drawing paper and rub the colour onto the paper

Lift off the stencil and you've got a STAR ON PAPER!



TITLE

STILL MORE STENCILLING...

AGE GROUP

8 YEARS AND UP

SKILLS

MATERIALS

Contrasting coloured paper like
BLACK AND WHITE

Pencil

Scissors

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

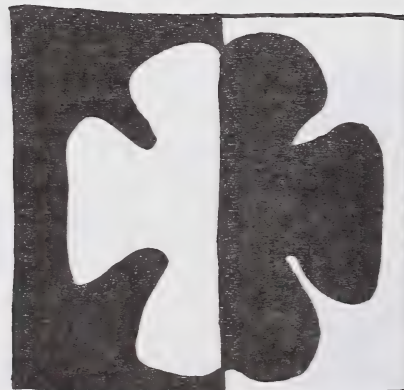
Cut a piece of dark paper in half

Cut half a design from that half



Paste the cut out part (POSITIVE DESIGN) on one side of a full sheet of light paper

Paste the NEGATIVE part on the other half and what have you got?



TITLE

SUPER DOOPER SPINNERS

AGE GROUP

8 YEARS AND UP

SKILLS

MATERIALS

String
Cardboard
A fat needle
Crayons, paints or markers
A compass for making a circle
(you could use a bottle if you like)
Scissors

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Cut a circle out of cardboard

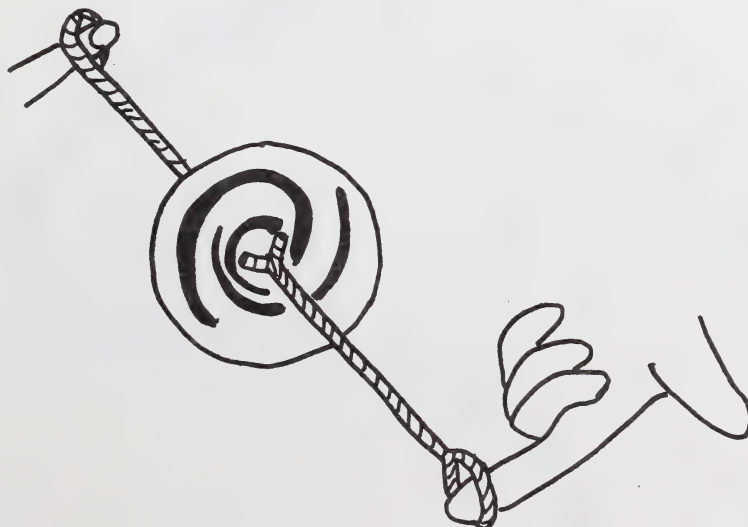
Decorate both sides with crayon

With your needle, punch 2 holes close together in the center

Cut a piece of string about 5 feet long

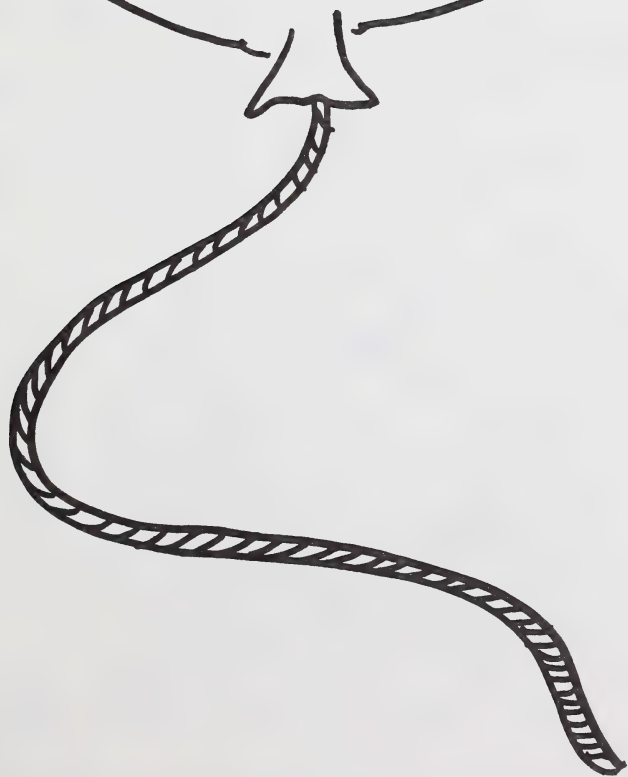
String it through the 2 holes and then tie the ends together

Keep the spinner in the center and spin by...





*Fabrics
strings
yarns and
things*





TITLE

GEOMETRIC STRING DESIGNS

AGE GROUP 9 YEARS AND UP

SKILLS

MATERIALS

Coloured string or thin yarn
A pencil
A ruler
Cardboard
Wood, nails, and a hammer

SPECIAL CONSIDERATIONS/ ADAPTATIONS

YOU CAN USE EITHER CARDBOARD
OR WOOD FOR YOUR BASE!

DIRECTIONS

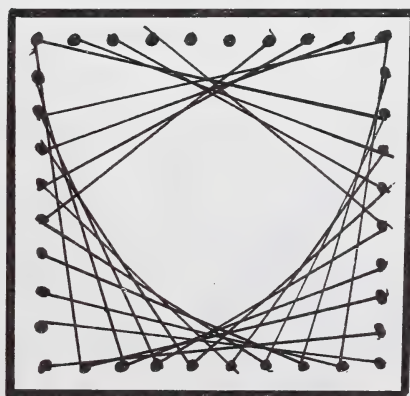
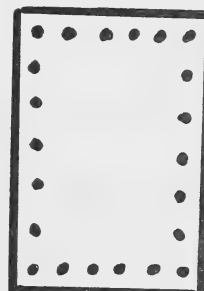
Mark points around the edges of the cardboard or wood with
your pencil

😊 **MAKE SURE THEY ARE EQUAL DISTANCE APART!**

Pound a nail or poke a hole at each point

Choose any colours of string or yarn

Thread each string through a hole across to the second hole and tie
it tightly or wrap the string between 2 nails



EVEN THOUGH YOU'RE USING
LINES, YOUR DESIGN WILL LOOK

STRAIGHT
CURVED!

TITLE

GOD'S EYES

AGE GROUP 8 YEARS AND UP


SKILLS

MATERIALS

2 ice-cream sticks

Coloured yarn or string

SPECIAL CONSIDERATIONS/
ADAPTATIONS

YOU COULD TRY USING BRANCHES OR
PENCILS INSTEAD OF ICE
CREAM  STICKS!

DIRECTIONS

Cross the two sticks

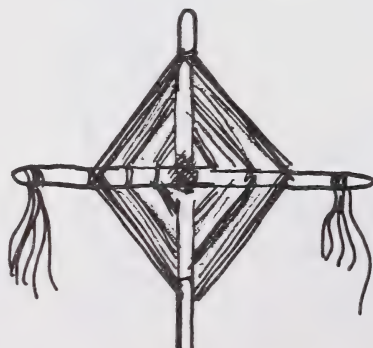
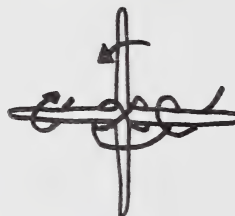
Tie the yarn in a knot around the sticks
where they cross

Weave the yarn over one stick
then around and under

Now weave it over the stick toward the next stick

**DO THIS ON EACH STICK
CONTINUE AROUND THE SQUARE
DOING THE SAME THING FOR ALL
ROWS**

Try changing colours of yarn
Start a new colour by tying it to one of the sticks



TITLE

STRING PICTURES



AGE GROUP ANY AGE

SKILLS

MATERIALS

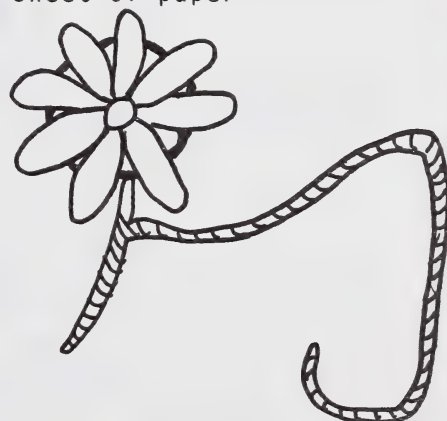
String or yarn
Paper
Paint
Glue

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

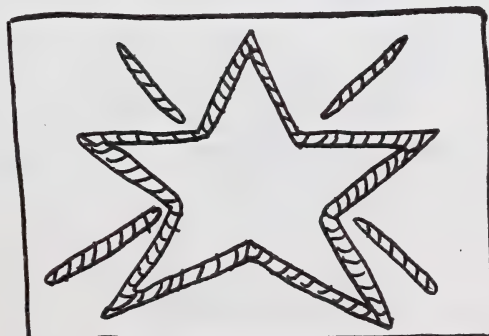
HOW TO:

Make light pencil drawings or designs on a sheet of paper
Dip string in different colours of paint
Put them over the lines
Carefully remove them



OR TRY THIS:

Coat string with glue
Put string over pencil lines
Let dry



TITLE

TIE DYEING

AGE GROUP 6 YEARS AND UP

SKILLS

MATERIALS

A dark coloured fabric
Chlorine bleach
Water
A basin
Rubber gloves
String

SPECIAL CONSIDERATIONS/ ADAPTATIONS

MAKE SURE THAT YOU WEAR OLD
CLOTHES SO THAT IF YOU SPLASH
DYE ON THEM YOU WON'T GET IN
ANY TROUBLE!

DIRECTIONS

Tie up the cloth with the string - there are a whole bunch of
different ways of doing it but try these:



Dip it into the bleach for a few minutes
Take it out
Rinse the material in cold water
Untie it

▼ BE CAREFUL
NOT TO SPLASH
BLEACH IN YOUR
EYES!

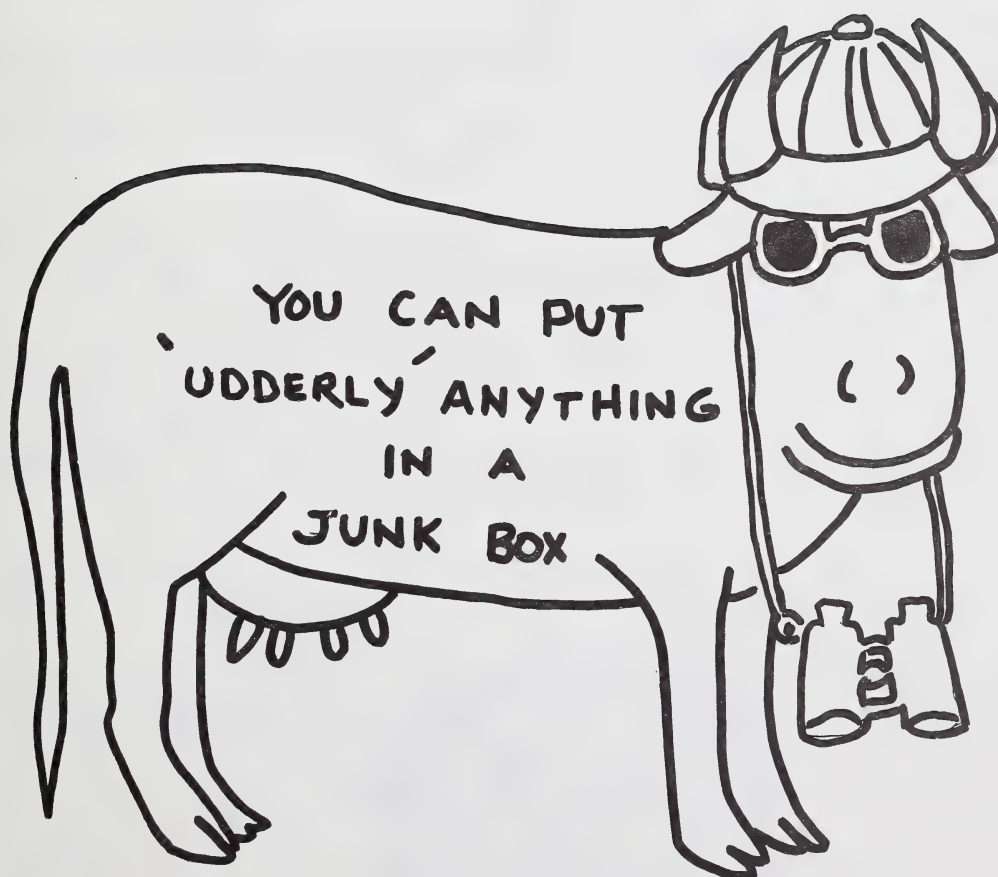




Any material can be used in projects. The 'weirder' it is, the more fun it can be! Ask the children to bring materials for the JUNK BOX!

Some suggestions are:

- | | |
|--------------|--------------------------|
| - Cans | - Feather |
| - Wood | - Bags |
| - Magazines | - Egg cartons |
| - Newspapers | - Bottles and caps |
| - Old cards | - Milk cartons |
| - Stones | - Buttons |
| - Ribbon | - Jewellery and clothing |



IF THERE WERE ANY BUGS ON THE MOON
WHAT WOULD THEY BE CALLED?

TITLE

BOTTLE CAP BUGS

!S7ILVNI7 

AGE GROUP

AGE 8 AND UP

SKILLS

MATERIALS

SCRAP BOX STUFF LIKE:

Stones
Bottle caps
Matchsticks
Wire
Toothpicks
Leaves
Pipe cleaners
Buttons

PLUS

Glue small hammer and nails
Paints and brushes

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

THIS IS ONLY ONE EXAMPLE OF A BOTTLE CAP BUG
EVERYBODY WILL HAVE DIFFERENT IDEAS!

Take one bottle cap

Punch 2 holes off center with a hammer and nail

Take out the cap liner

To make the antennae, put wire or pipe cleaners through
the 2 holes as antennae

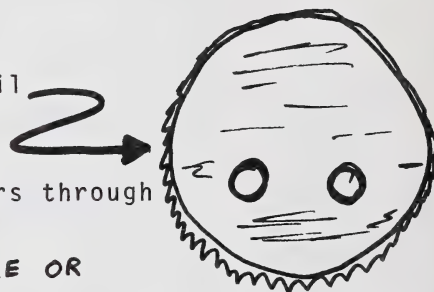
Glue on 6 "legs"



MAKE THEM FROM WIRE OR
PIPE CLEANERS

Paint eyes on

Any other ideas that you could use to 'fancyfy' your bug?



TITLE

CHEMICAL GARDENS

BEING A
SCIENTIST
MEANS BEING
CAREFUL!



AGE GROUP

5 YEARS OLD AND UP

SKILLS

MATERIALS

Pie plate or any kind of shallow dish
2 or 3 lumps of coal
Glue
Twigs or sticks
Bluing
Water
Ammonia
Tablespoon
Dye or food coloring

SPECIAL CONSIDERATIONS/
ADAPTATIONS

THE SMALLER CHILDREN MAY NEED
HELP MIXING THE MATERIALS

NOTE: Ammonia is Dangerous
TO INHALE OR INJECT

DIRECTIONS

HERE GOES:

Put a little water in the dish
Place the coal in it
If you would like, glue some twigs on top of the coal

▼ MAKE SURE YOU LET THE GLUE DRY!

COMBINE THE FOLLOWING INGREDIENTS TO MAKE THE CHEMICAL MIXTURE:

- 6 tablespoons of salt
- 6 tablespoons of bluing
- 6 tablespoons of water
- 1 tablespoon of ammonia

Pour the mix SLOWLY over the coal
Add any colours you'd like and drop them all over the mixture

PRETTY SOON LITTLE CRYSTALS WILL BEGIN TO FORM WEIRD AND WONDERFUL
SHAPES! ADD SOME MORE AMMONIA TO THE BARE SPOTS AND WATCH!

TRY USING
AN EYEDROPPER



TITLE

FELT BEANIES

BEANIES CAN
BE MADE AT
THE DROP OF
A HAT!



AGE GROUP

8 YEARS AND UP

SKILLS

MATERIALS

An old felt hat
Scissors that are sharp enough
to cut through felt
Any decorations that you'd like
to put on the beanies
HOW ABOUT:
Buttons, ribbon, feather,
antennas or flowers? What else?

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

It's easy as pie!

Cut the crown of the felt out

Trim down until it fits reasonably well

Decorate to beat the band!





TITLE

GROCERY BAG MASKS

AGE GROUP ANY AGE

SKILLS

MATERIALS

Big grocery bags
Scissors
Crayons
Anything you want for decorations

SPECIAL CONSIDERATIONS/ ADAPTATIONS

TEACHERS! LEADERS! PLEASE HELP
MARK AND CUT OUT EYES, NOSE, ETC.!

DIRECTIONS

Put the grocery bag on your friend's head and mark the eyes, nose and mouth



Cut out holes for the eyes

Colour in the mouth, the nose, and eyebrows (if you want teeth, beards, and moustaches, that's fine too!)

Paste on ears, hair or any other decorations that you'd like



TITLE

NOISY STILTS

IN NO TIME
AT ALL,
YOU CAN
BE TALL!



AGE GROUP

5 YEARS AND UP

SKILLS

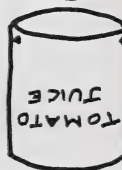
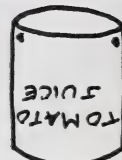
MATERIALS

2 empty 46 ounce cans
Can opener
Sash cord
Wire

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

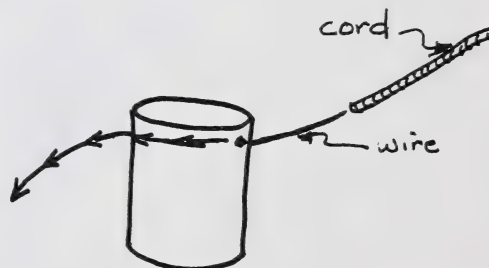
Take the 2 cans and turn them upside down
Make 2 holes on opposite sides of the can, just below the lid



Cut double pieces of the sash cord long enough to make handles

Use a piece of wire to thread the cord - like this:

Knot the rope ends



TITLE

STONE MOSAICS

AGE GROUP ANY AGE

SKILLS

MATERIALS

Flat stones (various shapes and colours)

Plywood

Liquid glue

Shellac

SPECIAL CONSIDERATIONS/ ADAPTATIONS

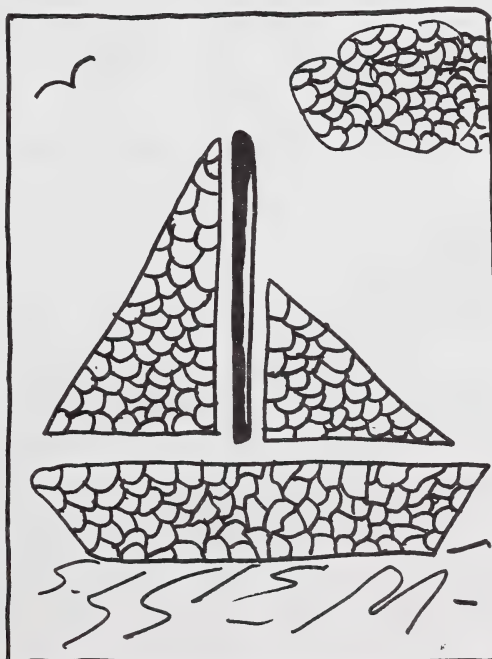
TRY PAINTING THE STONES IF YOU CAN'T FIND NATURALLY COLOURFUL ONES!

DIRECTIONS

Use plywood for a base

Stick stones onto the wood using your liquid glue

Shellacing them makes the stones look even better!



TITLE

WALKIE TALKIES

CAN YOU
KEEP A
SECRET?



AGE GROUP ANY AGE

SKILLS

MATERIALS

2 tin cans with one end open
A long piece of strong twine
A large nail
A hammer or rock
Paints to decorate cans (you could also use glitter, crepe paper, feathers, or anything else to fancy-up your walkie talkie)

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Make a hole in the center of each can by hammering the nail part way in with a hammer or a rock--- BE CAREFUL!

String one end of the twine into each hole

Tie a large knot inside each can

You can decorate the cans with painted designs or anything else you fancy

Now you need two people....



ONE
PERSON
LISTENS



WHILE THE
OTHER PERSON
SPEAKS

ETCHING

&

Sketching



TITLE

CRAYON RESIST

You'll find this
project
"irresistible"
of course!



AGE GROUP ANY AGE

SKILLS

MATERIALS

Drawing paper

Black paint

Crayons

A wide paint brush

You might need newspapers to
save a mess!

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Make the black paint (keep it thin!)

Draw a design or picture with your crayon

Lightly brush one coat of paint over the whole picture



HINTS!

- Make sure that your crayoned areas are covered with a **THICK** layer of crayon!
- Dark colours don't show up very well!

TITLE

DRAW IT AGAIN AND AGAIN AND AGAIN...



AGE GROUP ANY AGE

SKILLS

MATERIALS

You need:

India ink

Pen or crayons

Paper

SPECIAL CONSIDERATIONS/
ADAPTATIONS

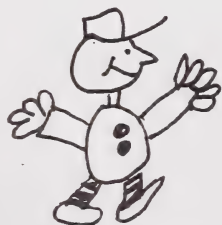
DIRECTIONS

Draw a shape

Draw the shape again on the inside of the first line, like this...



Keep going until the paper is filled (or until you think you've had enough!)



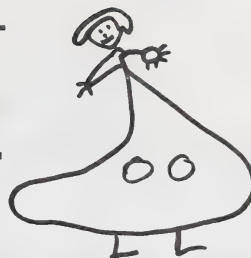
try making **Some** of the lines
thicker than **others!**

TITLE

MARBLIZED PAPER

AGE GROUP 7 YEARS AND OVER

SKILLS



MATERIALS

White paper
Scissors
Crayons of various colours
Iron

SPECIAL CONSIDERATIONS/ ADAPTATIONS

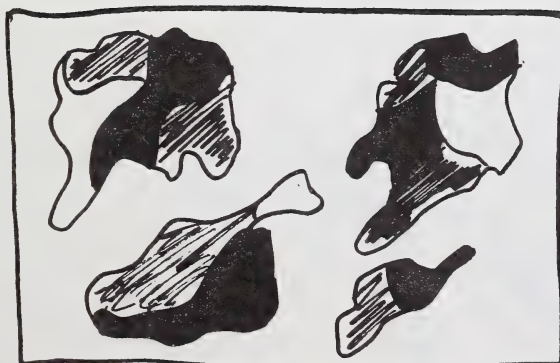
IF THE CRAYON IS SHREDDED
FOR THE SMALLER CHILDREN,
THEY MIGHT ENJOY THIS AS WELL!

(Please be careful with the iron!)

DIRECTIONS

IT'S EASY

Scrape little chips of crayon onto a piece of paper
Cover with another piece of paper
Press it with a hot iron



BE CAREFUL!
I'M HOT!



TITLE

SCRATCHBOARDS

IT WILL MAKE A



SOME PICTURE!

AGE GROUP

ANY GROUP

SKILLS

MATERIALS

Light Cardboard
Coloured Crayons
Talcum powder
Brushes
India ink

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Divide the card into 10-15 odd shaped sections

Fill in the sections with bright crayon colours
(Press Hard!)

Dust the paper with a small amount of powder

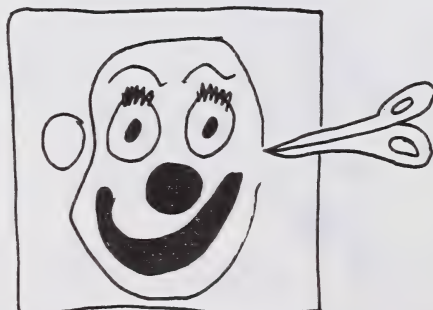
Rub it in

Blow off the surplus

Brush on a thin coat of India Ink, completely
covering all the crayon colours

Let the ink dry

Use a pair of scissors, a stick, or even a fingernail
to scratch a design or picture on the card



TITLE

SELF-PORTRAITS



AGE GROUP 9 YEARS AND UP

SKILLS

MATERIALS

Mirror
Crayons or coloured chalk
An oval or rectangular piece of paper

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Cut the drawing paper in a shape

Look at your face in the mirror

Draw and colour what you see

Sketch or paste a frame around your portrait (make your frame any shape)



TITLE

SHADOW PORTRAITS

AGE GROUP

6 YEARS OLD AND UP

SKILLS

MATERIALS

1 large sheet of white paper
A bright light
Dark paint

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Attach the paper to a wall, room divider,
or blackboard

Have someone stand sideways in front of
the paper

Place the light so that his or her shadow
is on the paper

Someone else must draw around their head
and face

Fill in the outline with dark paint



TITLE

TALL-AS-YOU-PLEASE PAGE FINDERS

AGE GROUP

ANY AGE

SKILLS

MATERIALS

Tagboard, felt, cloth, or paper

Glue

Marking pens

Scissors

Pencil

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Think of something that is very long or tall such as:



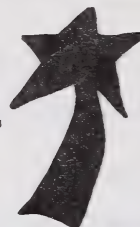
Use the material to make a book mark

Draw, colour, and decorate your tall picture



TITLE

TEXTURED CRAYON PICTURES



AGE GROUP ANY AGE

SKILLS

MATERIALS

Crayons
Paper
Glue
Scissors
Different types of material like
cloth, cotton batten, sponge or
anything else you can think of

SPECIAL CONSIDERATIONS/
ADAPTATIONS

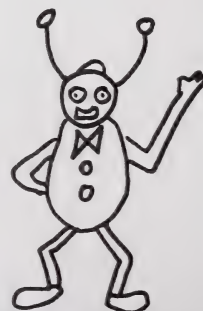
DIRECTIONS

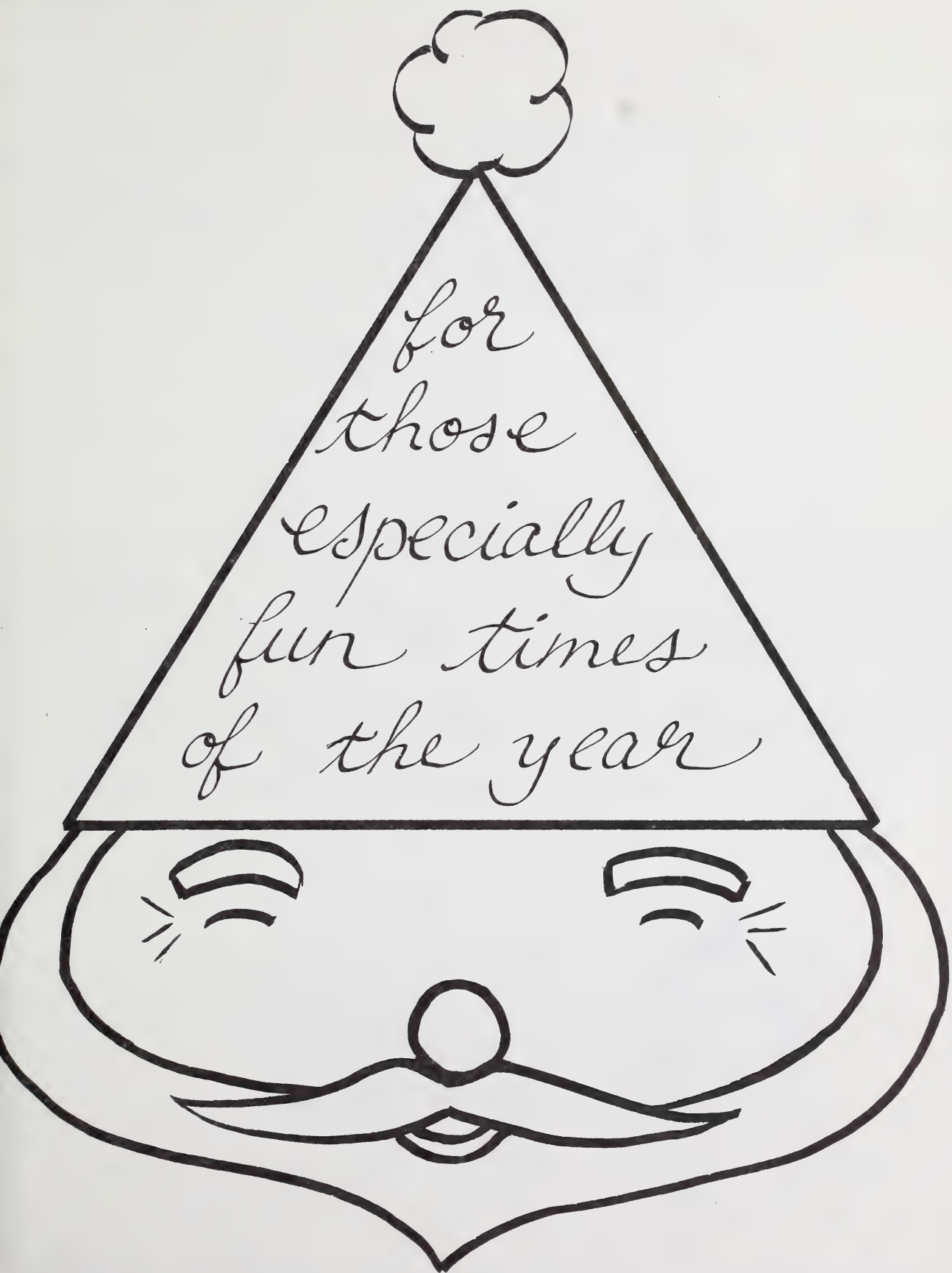
Draw a picture
Using the material that you've found, texture the picture
FOR AND EXAMPLE, HOW ABOUT THIS:

A Space Scene - For the rocket, you might use tin foil
For the sun, paint cotton batten yellow and glue it
onto the paper
A space monster could be made out of silk and other
fabrics



TRY USING
CORDUROY
FOR
MOUNTAINS!





For
those
especially
fun times
of the year

TITLE

BLOWN EGGS

AGE GROUP

8 AND UP

SKILLS

MATERIALS

Straight pin
egg at room temperature
Bowl or dish

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Twist a pin into the top of the pointed end of an egg
Keep twisting it back and forth until the pin breaks through the shell

Take out the pin

Twist the pin into the other end of the egg just like you did before
Try and make this hole a little larger by poking away some of the shell
Hold the egg over a dish-MAKE SURE THE LARGE HOLE IS FACING DOWN!

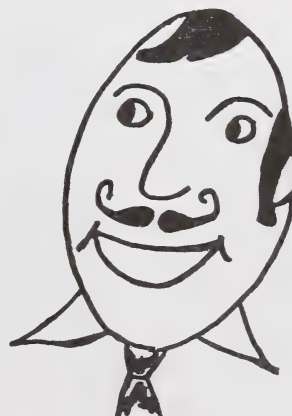
Blow through the small hole

The egg should flow slowly through the large hole

Rinse under cold water-DON'T USE SOAP, PLEASE!

Let it dry and then store it or use it for egg painting or batik eggs.

BELIEVE ME,
DUKE EGGLESTON,
THEY ARE FUN
TO MAKE!



TITLE

CHICKIE PIES



AGE GROUP ANY AGE

SKILLS

MATERIALS

2 cotton balls
Buttons, sequins or whatever else
you can think of for eyes
Paper for beak
Empty eggshells (CLEAN THEM FIRST)

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Glue cotton balls together
Glue paper beak and eyes on
Place them in shell



TRY FOLDING A
KITE SHAPED
PIECE OF
PAPER IN HALF
TO MAKE A
BEAK!



TITLE CLOTHES HANGER SANTA



MAKES A GREAT DOOR
DECORATION!



AGE GROUP 8 YEARS AND UP

SKILLS

MATERIALS

Wire clothes hanger
Red and white paper
Glue
Red or green felt pen
Scissors
Any other decorations you might
like to add such as: holly,
glitter, or cotton batten

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

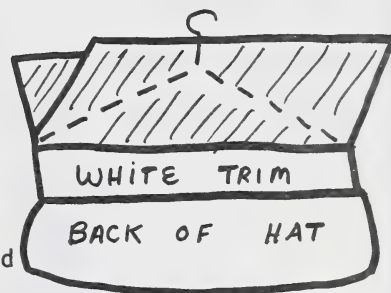
Cover the wire hanger with 12" x 18" of
red paper

Add a strip of white for hat trim

Paste 8" x 18" of flesh-coloured paper to the back
of the hat (you might try a crayon to colour in
Santa's skin tone if there isn't any flesh-coloured
paper)

Using some white paper, cut the beard, moustache, eyebrows,
and hat pom-pom

Try writing your Christmas greeting on the hat trim with
your felt pens



HO! HO! HO!
MERRY CHRISTMAS!

TITLE

CYLINDER ELF

AGE GROUP

9 YEARS AND UP

SKILLS

MATERIALS

Any colour of paper that you'd like

Scissors

Glue

A felt pen for drawing

Any other material like: buttons, holly, or crepe paper for decorations.

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Make a cylinder from the paper

Using the same colour, make a cone that will fit over the end of the cylinder

Make a collar by SCALLOPING paper like this:

Cut strips for hair-- you could make them pointy

or

curly



Cut two more strips for arms

Shape hands and glue them onto your elf's arms

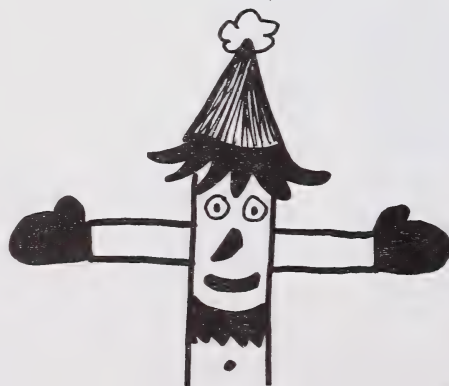
Fancy him or her up by making a face

adding glitter

cotton batten

ribbon

etc.



I'M A
GREAT SANTA'S
HELPER!

TITLE

CYLINDER SANTA

AGE GROUP ANY AGE

SKILLS

MATERIALS

Pink, red and white paper
Scissors
Pencil
Glue
Stapler and staples

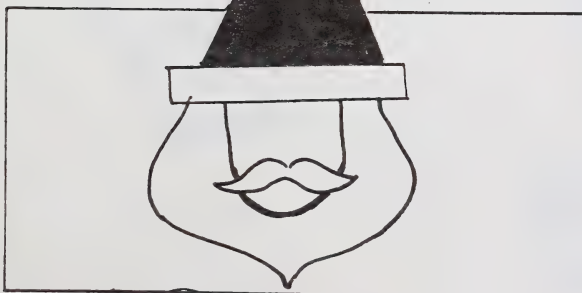
SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Use a pink sheet of paper for a base
Cut hat from a sheet of red paper
Cut out the beard, moustache, hat trim and pompom from a sheet of white paper
Paste them onto the pink paper then...
Make it into a cylinder like this!



1.



2.



3.

TITLE EGG CHARACTERS

MAKE ALL SORTS OF
EGGCITING CHARACTERS!

AGE GROUP ANY AGE

SKILLS

MATERIALS

Use either blown eggs or hard-boiled eggs
Crayons
Dye or food colouring
Glasses
Spoon
Paper towels
Scissors
Coloured construction paper
Liquid white glue
Feathers
Yarn, beads, pipe cleaners

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Draw a face on the egg with a crayon
Mix food colouring and $\frac{3}{4}$ of a glass of water
Dunk the egg into the glass
Let it dry
Make a paper collar for the eggs like this:

Cut a strip from construction paper

Glue the ends so that the eggs fit snugly

Decorate the egg character by using material, glitter, paper, cotton batten or anything else!

SO FAR
SO GOOD!



TITLE

THE HALLOWEEN BLACK CAT



AGE GROUP

ANY AGE

SKILLS

MATERIALS

Black construction paper
Scissors
Scraps of green or yellow
construction paper
Glue

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Cut a strip of black paper about 1/2" x 5"

Next, cut two hearts from the black paper, one a bit smaller than the other

Cut the eyes and a nose from the yellow and green paper
Glue them on the smaller heart

Either add ears by drawing and cutting them out of the black paper or shape them from the top of the "head"

Fold the 1/2" x 5" strip into small accordion pleats

Paste the strip to the body and the other end to the head

When the glue is dry, you'll have the only cat that nods its head...



TITLE

PLASTIC BOTTLE ANGEL

ESPAÑOL
DE NUESTRO
PAÍS
FACIL DE HACER
Y DE ENSEÑAR



AGE GROUP 7 AND UP

SKILLS

MATERIALS

1 plastic quart bottle
An old light bulb
Paper
Liquid starch
Red and white paint
Yarn
Paper doily
Tagboard
Pipe cleaners

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Use your plastic quart bottle for the body
Use the light bulb for head
Cover the bulb with torn paper and liquid starch to prevent breakage
Paint the face pink (that means you will have to mix the red and white paint to get a pink colour!.)
Cover the angels head with yarn hair
The paper doily will make a great collar!
The wings can be cut from the tagboard
Make a halo from your pipe cleaners and you now have...



TITLE

STARS

AGE GROUP

ANY AGE

SKILLS

MATERIALS

Paper
Scissors

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Take a piece of paper
Fold it in half



Fold in half again the other way



Fold the folded point in half again



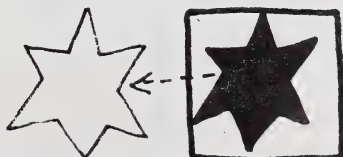
Fold the point in half one more time.



Cut off the point on a slant



Open up...



Put ONE ON TOP OF
YOUR CHRISTMAS-TREE!



DECORATE ANY WAY YOU PLEASE!

TITLE

VALENTINE LOVE HEARTS



AGE GROUP

ANY AGE

SKILLS

MATERIALS

Paper

Glue

String

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

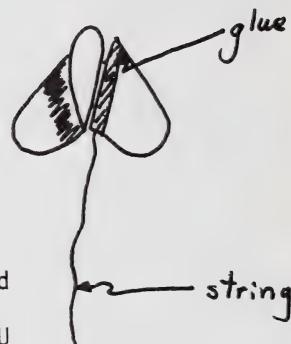
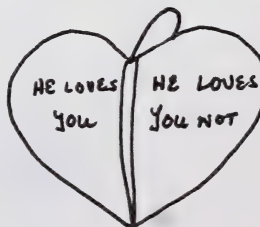
Cut out 2 tiny paper hearts about the same size
Fold both in half
Put a little bit of glue on the CREASE of each heart

Place a long piece of thread or string along the glue
Dangle it above your open palm and it will spin around

CLOCKWISE HE/SHE LOVES YOU



COUNTERCLOCKWISE HE/SHE LOVES YOU NOT



TITLE

WALNUT TURKEY

AGE GROUP

ANY AGE

SKILLS

MATERIALS

Walnut in a shell
1 paper baking cup
3 pipe cleaners
Glue
Scissors
Clay or plasticine

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

Flatten the muffin cup and cut it in half
Glue it onto the walnut "body" and...



Shape the pipe cleaners into a head and two feet and glue them to the walnut shell

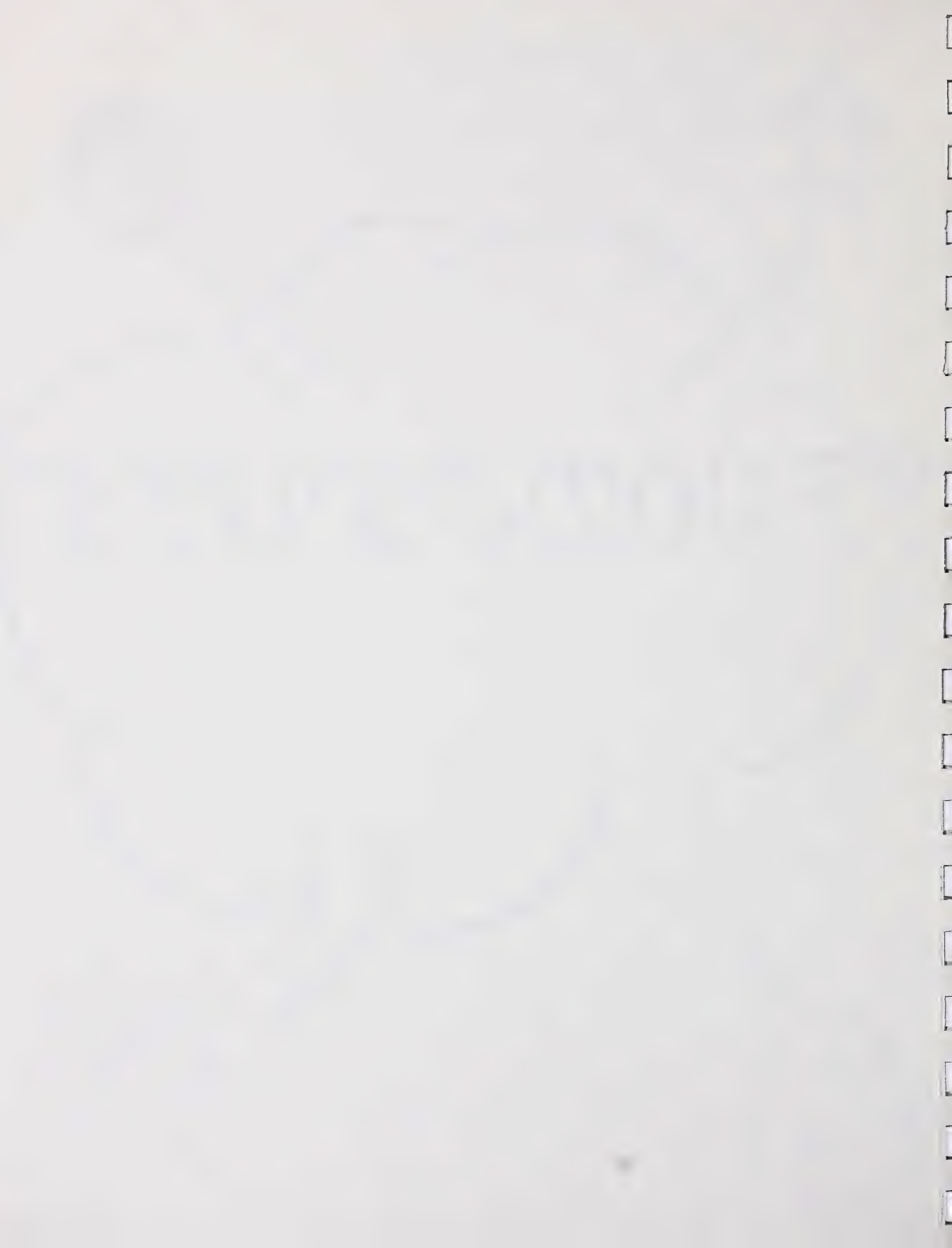
Allow your turkey to dry thoroughly before you stand it up

Use either clay or plasticine to stand the turkey on so it will not fall









TITLE

CARAMEL CORN CREATURES

AGE GROUP

Any age can help shape
caramel corn but a leader
should do the cooking.

SKILLS

MATERIALS

- Large saucepan and wooden spoon
- Large bowl
- Candy thermometer
- Measuring cups and spoons
- Hot plate or stove
- Waxed paper

INGREDIENTS

- 15 cups popped popcorn
- 1 cup molasses
- 1 cup corn syrup
- 1/2 cup sugar
- 1/2 cup water
- 1/2 tsp. salt

SPECIAL CONSIDERATIONS/ ADAPTATIONS

CAREFUL WHEN HEATING INGREDIENTS

- 1 tbsp. butter
- 1 tbsp. vanilla
- Extra butter or margarine
for greasing hands
- OPTIONAL: decorations or treats
like: raisins, cherries etc.

DIRECTIONS

- Put the popcorn in a large bowl or container and spread waxed paper over your work area
- Place molasses, corn syrup, sugar and water in a saucepan to boil
- Use the candy thermometer and boil the mixture until it reaches 260°F
- Remove the pan from the heat and stir in salt, butter and vanilla
- Cool for 3 minutes
- Butter your hands
- Then slowly pour the syrup over the popcorn and stir with your hands
- Shape the caramel corn into any kind of a creature
- Set it on waxed paper to dry



TITLE

DELICIOUS DOUGH DELIGHTS

AGE GROUP Any age group can do this
as long as there is a Supervisor

SKILLS

MATERIALS

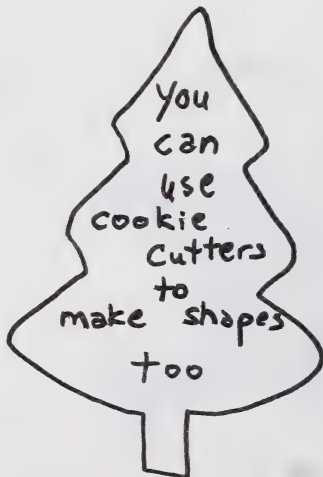
- Dry yeast
- Water
- Salt
- Flour
- Shortening
- Bowl
- Spoon
- Measuring cups, spoons
- cookie sheets
- Shellac and brush
- 1 egg
- Honey
- Waxed paper
- Hot pads

SPECIAL CONSIDERATIONS/ ADAPTATIONS

PROBABLY ANY AGE GROUP CAN
SCULPTURE THE DOUGH AS LONG
AS THERE IS A SUPERVISOR TO
MIX THE INGREDIENTS

DIRECTIONS

- Put 1 package of dry yeast into 1 1/2 cup of very warm water
- Stir it until the yeast is dissolved
- Mix in: 1 egg, 1/4 cup honey, 1/4 cup of shortening, 1 teaspoon salt
- Stir in flour, a little at a time, until you have a ball of dough that's not too sticky to handle (Probably about 5 cups)
- Knead the dough for 5 minutes on waxed paper
- On a cookie sheet, shape the dough into any shape that you want it
REMEMBER! Dough rises so make only flat figures
- Cover your sculptures with a towel and let it rise in a warm place for 25 minutes
- Bake about 20 minutes in a 350°F oven
- If you would rather not eat your piece or art, then shellac it when it cools



TITLE

EDIBLE RAINBOWS

AGE GROUP ANY GROUP AS LONG AS THERE IS A SUPERVISOR

SKILLS

MATERIALS

- Mixing bowl and spoon
- Measuring cups and spoons
- Cookie sheets
- Sharp knife
- Waxed paper
- Hot pads
- 3 small bowls

INGREDIENTS

- 1 cup soft margarine
- 3/4 cup of white sugar
- 3/4 cup of brown sugar
- 2 eggs
- 1 teaspoon vanilla

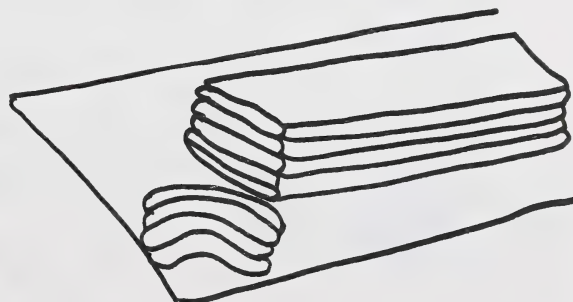
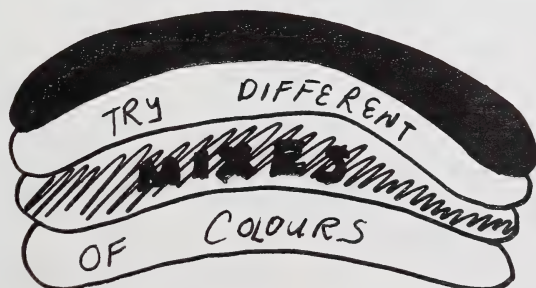
SPECIAL CONSIDERATIONS/ ADAPTATIONS

PRE HEAT OVEN TO 375°

- 3 cups flour
- 1/2 tsp. soda
- 1/2 tsp. salt
- Food colouring

DIRECTIONS

- Mix the margarine, sugar, eggs and vanilla
- Next: blend the flour, soda, and salt together and mix them into the first mixture
- Divide into a least 4 parts
- Colour each part with food colouring to make a rainbow color
- On waxed paper, pat each colour of dough into a strip 4 inches wide and 1/4 inch thick (or 10 centimeters by 1/2 centimeters)
- Stack the rainbow strips on top of one another then press down to help the strips stick together
- Wrap the pile in waxed paper and refrigerate overnight
- Slice the layered block of dough in 1/4 inch slices (or 1/2 centimeter)
- Gently curve the slice into an arch
- Bake on an ungreased cookie sheet at 375° F for about 7 minutes



TITLE

FORTUNE COOKIES

CONFUCIUS SAY, "KIDS WHO MAKE
FORTUNE COOKIES, HAVE GREAT FUN!"

AGE GROUP

ANY AGE WITH SUPERVISION

SKILLS

MATERIALS

YOU NEED:

- Hot pads
- Mixing bowl
- Measuring cups
- Pancake flipper
- Pen
- Cookie sheet
- Wooden spoon
- measuring spoons
- Strips of paper

INGREDIENTS

- 4 egg whites
- 1 cup sugar
- 1/2 cup melted butter
- 1/2 cup flour
- 2 tablespoons water
- 1/4 tsp. salt
- 1/2 tsp. vanilla

SPECIAL CONSIDERATIONS/
ADAPTATIONS

PREHEAT OVEN TO 375°

DIRECTIONS

HERE'S HOW:

- Write fortunes or messages on strips of paper
- Fold them
- Mix the sugar into the egg whites and blend until fluffy
- Melt the butter and cool it so it's not too hot
- Beat until the batter is smooth
- Grease a cookie sheet very well
- Pour batter from a spoon to form circles (about 3 inches)
- Bake at 375° for about 8 minutes
- Lay a message on each circle, fold it in thirds, then bend it gently in the center

IF COOKIES GET TOO HARD TO BEND PUT BACK IN OVEN
FOR A MINUTE!

TRY A TREASURE HUNT USING FORTUNES AS CLUES

TITLE FRUIT AND VEGETABLE PERSONALITIES

AGE GROUP ANY AGE

SKILLS

MATERIALS

ANY OF THESE:

Pear
Peach
Apple
Carrot
Squash
Banana
Cucumber
Celery
Orange
Lemon
Melon
Plum

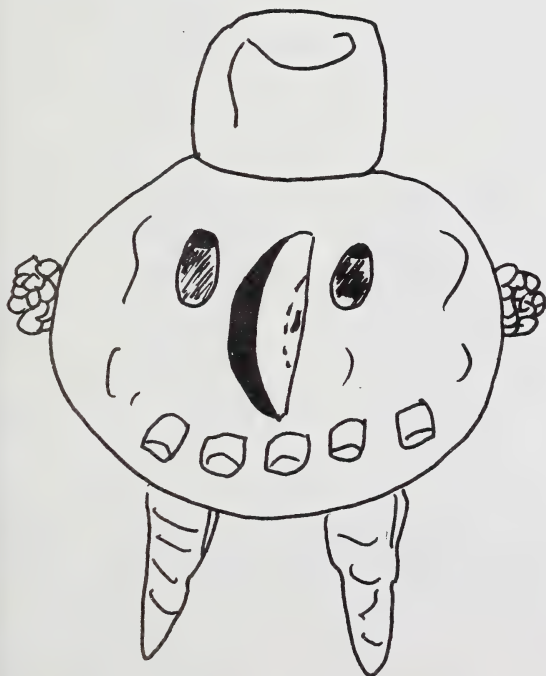
DECORATE WITH:

Grapes
Cherries
Nuts
Raisins
Celery chunks
Carrot slices
Cheese chunks
Marshmallows
Cloves
Lettuce
Toothpicks

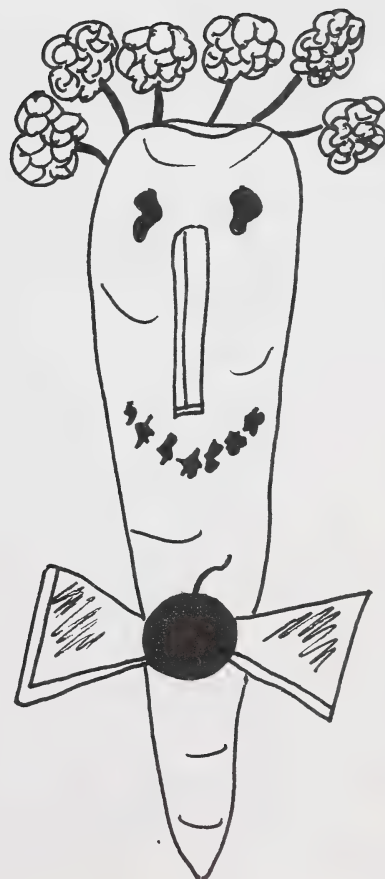
SPECIAL CONSIDERATIONS/ ADAPTATIONS

REMEMBER! TOOTHPICKS ARE MEANT
TO BE SEEN AND NOT EATEN!

DIRECTIONS



YOU CAN
MAKE ANY OF
YOUR FAVOURITE
FRUITS OR
VEGETABLES
INTO A FUNNY
ANIMAL OR
CRAZY CREATURE



TITLE

ORANGE PEEL TEETH

(ORTHODONTISTS PUT THE BITE ON
You 😊)

AGE GROUP 7 AND UP

SKILLS

MATERIALS

Oranges
Scissors

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

- Wash the orange
- Peel wide strips off the orange
- Shape them into your favorite looking FANGS!



P.S. DON'T FORGET TO EAT THE REST OF THE ORANGE!



TITLE

PRINTING WITHOUT THE ALPHABET

AGE GROUP ANY AGE

SKILLS

MATERIALS

- Printing ink or paint
- Flat pan for ink
- Fruit, vegetables, gadgets like:
 - old keys
 - coins
 - leaves
 - combs
- anything else!
- Cloth or paper for printing

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

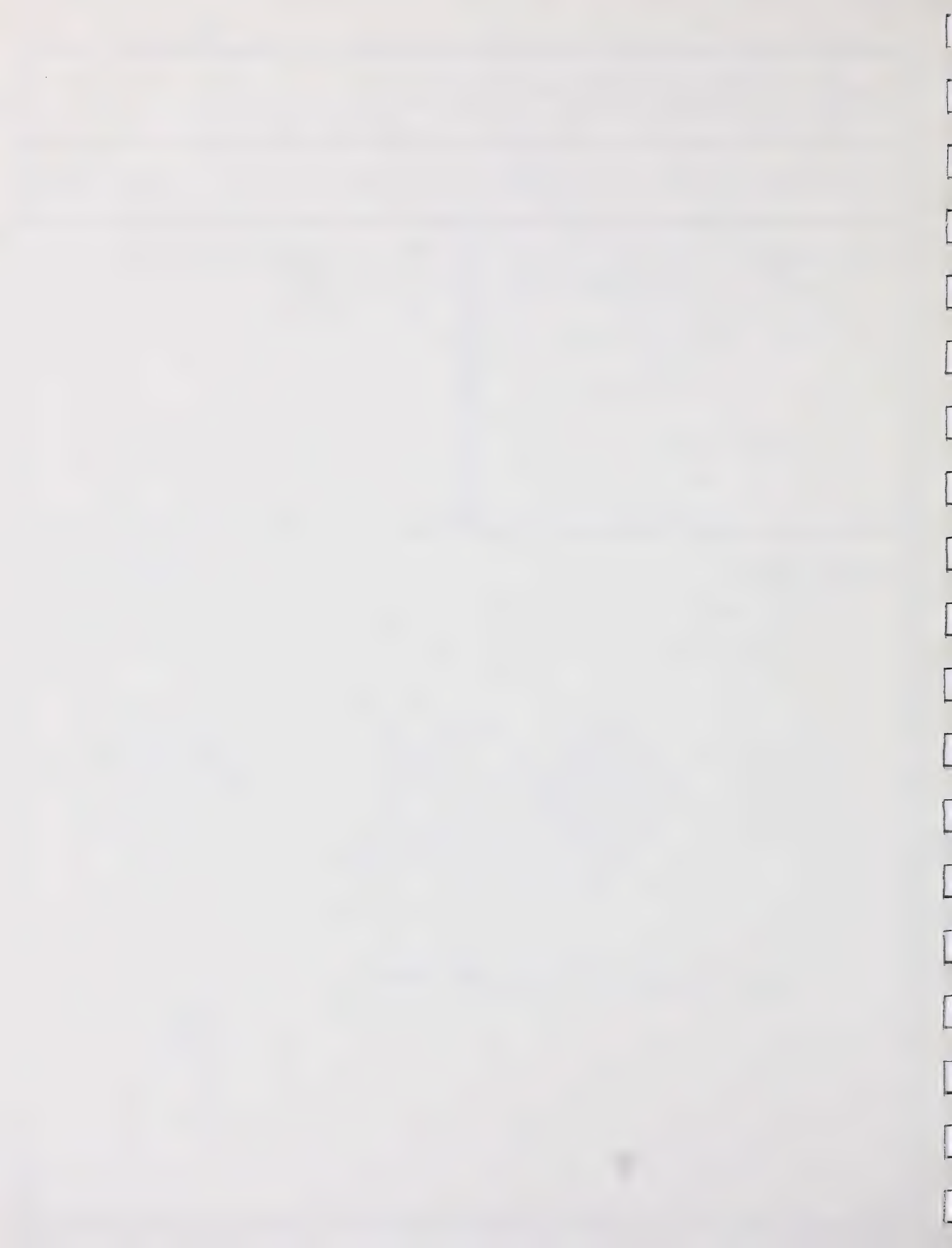
- Cut up a whole variety of fruits and vegetables
- Gather up all your gadgets

T H E N . . .



DIP US IN INK AND PRINT!

TRY PRINTING ON CLOTH TOO!

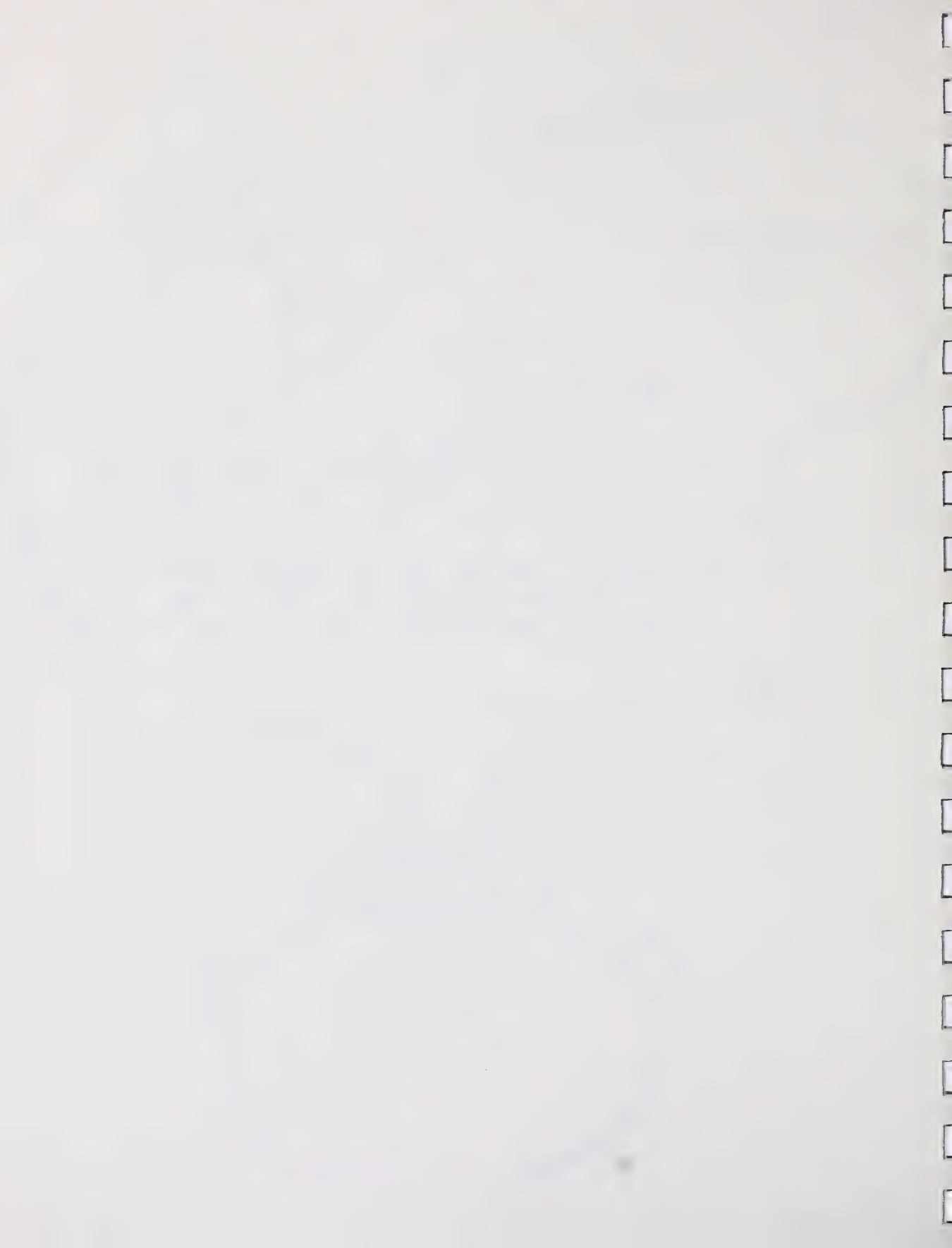


your

own

kitchen
creations





TITLE GLOP

AGE GROUP Every age will love munching on GLOP

SKILLS

MATERIALS

ABSOLUTELY ANYTHING YOU LIKE!

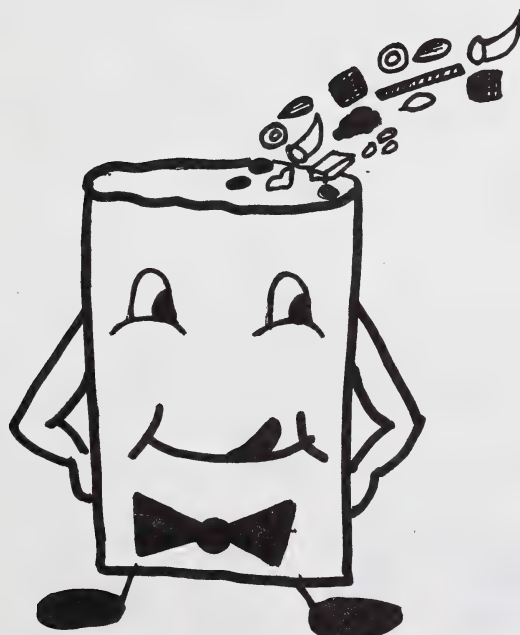
Some Suggestions are:

Raisins	Smarties
Oatmeal	Cheerios
Sesame seeds	Pretzels
Granola	Sunflower seeds
Chocolate chips	Wheat Chex
Dates	Rice Chex
Brown sugar	Peanuts
Wheat germ	Walnuts
Bugles	Any - nuts
Bits of hard cheese	Any kind of dry cereal

SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

There are no rules or recipes for GLOP



TITLE GOOEY MIX-UPS

AGE GROUP Any Age (with a bit of help)

SKILLS

MATERIALS

- Greased cookie sheet or waxed paper
- Large saucepan and large spoon
- Measuring cups and spoons

INGREDIENTS: Either a marshmallow or chocolate base

- You can try anything you'd like your own personal GOO MIX-UP

Here are some suggestions:

Rice Krispies	Peanuts
Cheerios	Peanut butter
Raisins	Oatmeal
Coconut	Cocoa Puffs
Marshmallows	Sugar Pops

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

- THE MARSHMALLOW GOO MIX-UP

5 cups of marshmallows
1/2 stick butter or margarine

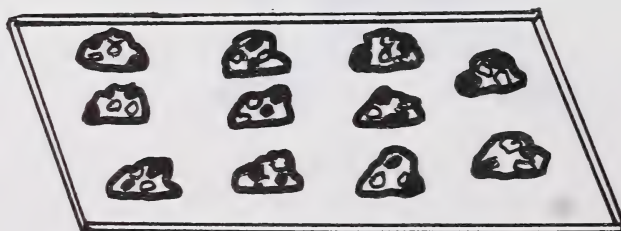
Stir over medium heat until the marshmallows are melted

CHOCOLATE GOO MIX-UP

Mix 3 cups of sugar
1/3 cup cocoa

Boil for 8 minutes (keep stirring), then add 1 stick margarine and 1 teaspoon vanilla

- Prepare either chocolate or marshmallow Goo
- Cool the mixture until it begins to get sticky
- Stir any of your own ingredients into the Goo
- Wet your hands with water, and mold the mix-up into the shape of your choice
- Use the greased cookie sheet or the wax paper as a place to shape and cool the Goo



WE'RE
DELICIOUS!

TITLE

POPSICLES

AGE GROUP

ANY AGE

SKILLS

MATERIALS

- Paper cups, ice cube trays or muffin tins
- Plastic spoons or ice cream sticks
- Popsicle mixture of your choice

INGREDIENTS

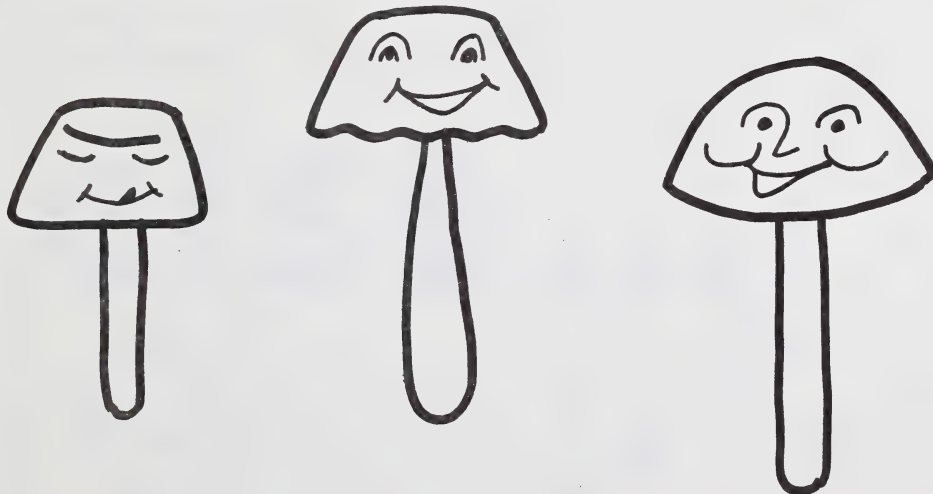
Your choice of:

- Lemonade mixed with milk
- Orange juice
- Yogurt and honey
- Thin pudding
- Crushed berries mixed with water and sugar

SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

- Pour your popsicle mixture into ice cube trays, paper cups, or muffin tins
- Place a spoon or stick in each popsicle
- Put them in the freezer until they're frozen



WHY NOT TRY FREEZING:

COLA
CRANBERRY JUICE
CIDER
APRICOT NECTAR

ROOT BEER
PUNCH
JELLO

TITLE

SMOOTHIES



MAKE UP YOUR OWN
'SMOOTHIE' RECIPE!

AGE GROUP

ANY AGE

SKILLS

MATERIALS

BLENDER

USE WHATEVER YOU LIKE:

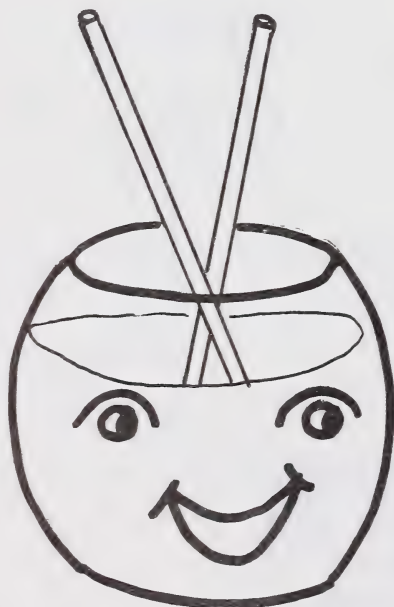
You might try:

Watermelon	Sherbet
Fruit cocktail	Yogurt
Apricots	Punch
Apples	Orange juice
Peaches	Pudding
Pears	Berries
Bananas	Nuts
Cherries	Ice cream
Malt powder	Grape juice
Syrup	Raw egg

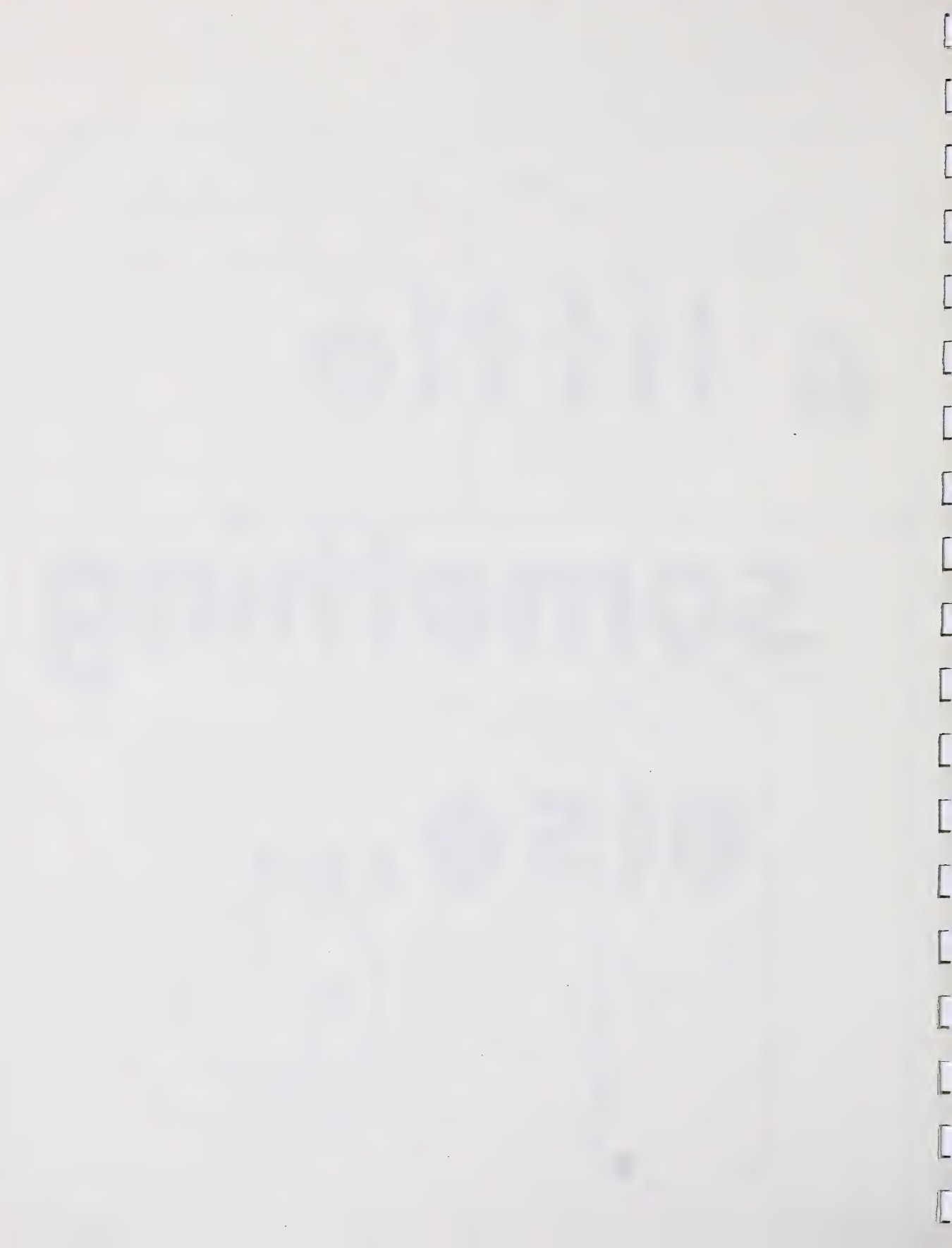
SPECIAL CONSIDERATIONS/
ADAPTATIONS

DIRECTIONS

- Spoon everything into a blender
- Spin the blender at medium speed for a minute
- Pour it into a tall glass



**a little
something
else...**



PLAY DOUGH

1) Play Clay

1/2 cup salt	1/4 cup cold water
1/2 cup hot water	1/2 cup cornstarch

Mix salt and hot water in a pan.

Bring to a boil.

Stir cold water into cornstarch.

Add cornstarch mixture to boiling water. Stir.

Cook over low heat, stirring until mixture is like stiff pie dough.

Remove from heat, knead until smooth and pliable.

Yields 1 1/2 cups

2) Quick and Easy Play Dough

1 cup flour	3 Tbsp oil
1/2 cup salt	food coloring
water	

Combine the flour, salt, oil and food coloring.

Add water to form dough.

3) Baked Dough

1 cup salt	3/4 cup water
1/2 cup flour	food coloring

Combine the above and cook until thick.

4) Soapsuds Clay

3/4 cup soap powder
1 Tbsp warm water

Mix soap and water in a large mixing bowl until it is of a clay like consistency.

PASTE

1) Paper Paste

1/3 cup flour	1 cup water
2 Tbsp sugar	

Mix sugar and flour.
Gradually add water, stir.
Cook over a low heat until clear.

Yields 1 cup

2) Thin Paste

1/4 cup sugar	1/2 tsp alum
1/4 cup flour	1 3/4 cups water

Mix sugar, flour, alum together.
Add 1 cup water, gradually.
Boil until clear and smooth.
Add the remaining 3/4 cup of water.
Stir to mix well.

TITLE

APPLE DOLLS

AGE GROUP

10 YEARS OLD AND UP

SKILLS

You need to be able to work with a small paring knife

MATERIALS

Whole apple
Corer
Popsicle stick
Soda bottle
Scraps of material
Raisins
Cotton
Elastic
Paring knife

SPECIAL CONSIDERATIONS/ ADAPTATIONS

PLEASE BE CAREFUL WHEN CUTTING
WITH THE KNIFE!

DIRECTIONS

Peel the whole apple

Use the corer to dig out two small holes for the eyes and mouth

You can make a nose by whittling bits of the apple from each side

Put a popsicle stick into the "neck" of the doll then pop it into a soda bottle



ONCE YOUR
APPLE DOLL IS
GETTING DRY AND
IS MAKING A
"CRUMPLY" FACE,

DECORATE IT
WITH ANYTHING
YOU HAVE HANDY!

TITLE

CANDLES

AGE GROUP 10 YEARS AND UP

SKILLS

MATERIALS

Paraffin wax
Stearin
Colouring powder
A fine shoelace
Empty cartons for a mould
Fruit rinds like oranges, lemons
Pot
Scissors
Cardboard
A large needle

SPECIAL CONSIDERATIONS/ ADAPTATIONS



WHEN MELTING THE
WAX!

DIRECTIONS

Mix 2 parts Paraffin wax to one part Stearin
Melt them together in a pot

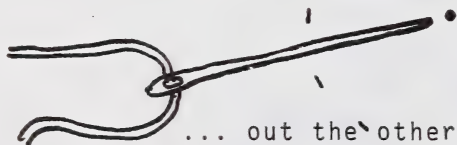
▼ **DON'T LET THEM BOIL!**

Once it's melted, take it off the heat and add the colorant

Clean and dry the mould

Cut a circle out of stiff cardboard

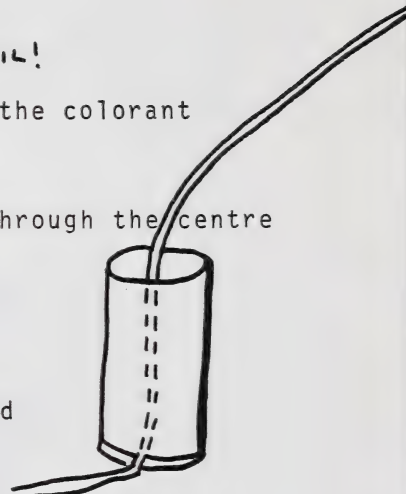
Thread the wick on a large needle and push it through the centre of the cardboard...



... out the other end of the mould

Take off the needle

Knot the wick at both ends



YOUR MOULD IS NOW READY FOR PHASE 2!

Here it is...

Pour in the liquid

Hold the wick upright and pull the circle of cardboard down-it should cover the top of the mould

Let it cool

Tear away the mould and...

...THERE IS YOUR CANDLE!

(you can decorate it with other things,
if you like!)

TITLE

FOIL SCULPTURE

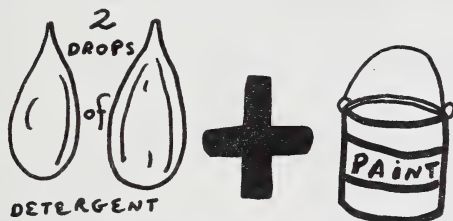
AGE GROUP

AGE 7 AND UP

SKILLS

MATERIALS

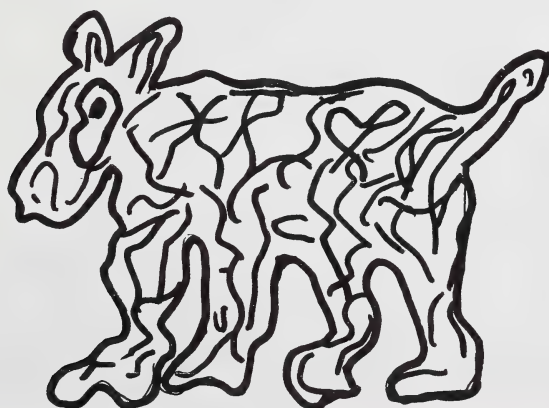
Tin foil
Tape or straight pins
Mixture of liquid detergent
with Tempera paint



SPECIAL CONSIDERATIONS/ ADAPTATIONS

DIRECTIONS

Crumple the foil into individual forms
Join them together with either the tape or straight pins
Add colour with the paint and detergent recipe



TITLE

SOAP CARVING

AGE GROUP

8 AND UP

SKILLS

MATERIALS

Large cake of soap

Penknife or small paring knife

SPECIAL CONSIDERATIONS/
ADAPTATIONS

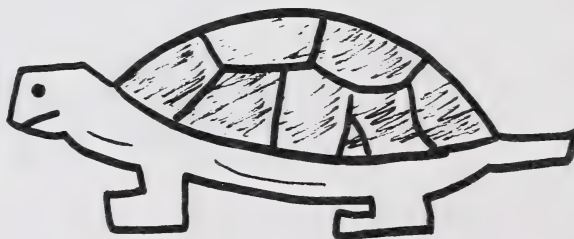
PLEASE BE CAREFUL WITH YOUR KNIVES!

DIRECTIONS

THIS MAY BE TOUGH BUT HERE GOES!

Let the soap dry for a day after taking it out of the package
Scratch a design in the soap - You might want to try something
like a turtle or another animal
for a start

Cut away!



BITS AND PIECES

Simple stuff that doesn't take a lot of preparation or material!

*Penny banks

- use salt or oatmeal boxes
- cover the tops with coloured paper
- decorate the rest of the box with paint, flowers, feathers, paper, or anything else
- make a slit in the top for coins

*Wooden spoon dolls

- draw faces on wooden spoons
- dresses, arms and decorations can be cut from paper and glued onto the spoon

*Friendship sticks

- find some driftwood or deadfall
- sand it with coarse sand paper
- have your friends autograph it with India Ink
- if you would like, shellac it!

*Planters

- paint cans with enamel paint
- decorate it the way you please
- put a little charcoal in the bottom of each can
- fill with soil and plant either seeds or flower slips

*Lapel pins

- use either a whole or half cork
- decorate it with a face
- shellac the cork to prevent the paint from coming off
- staple a safety pin to the back of the cork

*Tambourines

- put a few stones in one paper plate
- put glue around the edge of another plate
- press the plates together
- let them dry
- decorate
- if you have little bells or some bottle caps, try glueing them on to make your own special jingle!

*Sock puppets

- just add eyes, fangs, hair, and ears to an old sock to make a puppet character

KEEP THESE MATERIALS ON HAND - THEY ARE GREAT FOR CRAFT-MAKING!

Aluminum Foil	Flour
Aluminum Pie Plates	Fruit jars
Balloons	Glass
Beads	Gloves (old)
Belts	Glue
Berry Baskets	Gourds
Birthday Cards	Hat boxes
Bobby Pins	Hats (old)
Bottle Caps	Hairpins
Boxes	Inner Tubes
Braids	Jars with lids
Brooms (old)	Jugs
Buckles	Lacing
Buttons	Lampshades (old)
Burlap	Leather scraps
Cake Pans (old)	Light bulbs
Candles	Linoleum
Canvas	Macaroni
Cardboard Roll (tube)	Magazines (old)
Cardboard (Corrugated)	Mailing tubes
Cartons (all sizes)	Marbles
Celluloid	Masonite
Cellophane	Match sticks
Chalk (different colours)	Metal foil
Chains	Milk containers
Clothes (old)	Mirrors (old)
Clothespins	Muffin tins (old)
Clothesline	Nails
Clock Parts (old)	Neckties (old)
Cloth Parts	Needles
Cloves	Newspapers
Coat Hangers	Nuts
Confetti	Paint brushes (old)
Construction paper (different sizes and colours)	Paint Powder (all sorts)
Containers	Paper bags
Copper Sheets	Paper boxes
Copper Foil	Paper cups
Cord	Paper doilies
Corks	Paper napkins
Costume Jewellery	Paper plates
Cotton Batten	Paper towels
Crayons	Paper tubes
Driftwood	Pencils
Dry Paste	Picture frames
Egg Cartons	Pie plates
Eyelets	Pins
Felt	Pipe cleaners
Felt Hats (old)	Plastics
Flannel	Plastic bags
Flash Bulbs	Plastic bottles
Floor Coverings	Plastic lemons
	Plastic lids

KEEP THESE MATERIALS ON HAND - THEY ARE GREAT FOR CRAFT-MAKING!

Pocket books	Tennis balls (old)
Popsicle sticks	Thumb tacks
Reeds	Tiles
Ribbons	Tin cans
Rings	Tin foil
Rope	Toilet tissue rolls
Rubber bands	Tongue depressors
Rug yarn	Toothpicks
Sand	Toys (old)
Sandpaper	TV dinner trays
Scissors	Twine
Sealing was	Wallboard
Sequins	Wallpaper
Sheepskin	Water containers
Shoelaces	Wax
Snaps	Wax paper
Soap	Wire
Socks	Wire mesh
Spaghetti	Wood rulers
Sponges	Wood scraps
Spools	Wooden beads
Steel wool	Wooden blocks
Steel string	Wooden crates
Stockings	Wooden dowels
Stones - flat, small	Wooden ice cream spoons
Straight pins	Wool
Straws	Wrapping paper
String	Yarn
Tape	Yogurt containers

RESOURCES

If you would like more ideas on crafts for children, there are a wide variety of resources that can help you. Here are a few ideas:

- * MUNICIPAL RECREATION OFFICES
- * PROVINCIAL GOVERNMENT RECREATION SERVICES
- * CRAFT STORES
- * TEACHER STORES IN MAJOR MUNICIPALITIES
- * UNIVERSITY AND COLLEGES
 - offer courses, books, facilities
- * CHILDRENS BOOK STORES
- * DAY CARE AND PLAYSCHOOLS

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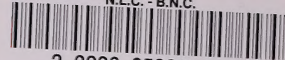
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* Ideas were also used from various recreational program manuals.

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